

Send ARTICLES to: Diana Garrow, 3379 Shunpike Rd., Mt. Holly, VT 05758 Phone 259-2314 or E-Mail to chitchat@vermontel.net Check out Mt. Holly Web Site www.mounthollyvt.org

"The views and opinions expressed in the enclosed articles are solely those of their authors and are not necessarily those of the Chit Chat, its staff, or its board of directors. The authors are solely responsibility for the content of their articles."

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February Birthdays: 2^{nd} –Justin Bussino (2004) 4^{th} -Chris
CharukCollins 5^{th} –Pat Marro 6^{th} -Candance Bussino 8^{th} –Alyssa
Collins * Debbie Pearce 9^{th} -Emma Coldwell 10^{th} -Amy
Perrino * Jack Koponen 11^{th} -Mary Desautels 18^{th} –Andy
Bolalek * Peggy TaylorBolalek * Peggy Taylor 19^{th} -Dennis Turco * Denise Turco 20^{th} -
Barbara Palotta 21^{st} -Ben Veysey 22^{nd} –Susan Horsman 23^{rd} -Jerome
Brown25^{th} -Meghan Garrow 27^{th} -Mary Crawford * Steven Radonis



<u>February Anniversaries</u>: 17th –Lisa & Todd Bussino (1990) 23rd - Raymond & Clarise Dana (66 Years) 27th – John & Carol Delaney (50 Years) 28th –Andy & Teresa Bolalek

If you would like to add or remove yours or a family members birthday and or anniversary from the list please send the information to me at the above address or e-mail me at <u>chitchat@vermontel.net</u> or call me at 802-259-2314.

Local Post Office Hours

Mount Holly

802-259-2796 8:00 am - 10:00 am

802-259-2790

Sat

Mon – Fri

& 2:45 pm – 4:45 pm 7:30 am – 10:30 am

7:30 am - 9:30 am

& 2:45 pm – 4:45 pm

8:00 am - 10:45 am

Belmont Mon – Fri

Sat

Sat

East Wallingford Mon – Fri **802-259-2829** 7:00 am – 9:00 am & 2:45 pm – 4:45 pm 7:00 am – 10:00 pm

& 1:30 pm – 4:30 pm

 Cuttingsville/Shrewsbury
 802-492-3585

 Mon – Fri
 7:30 am – 10:30 am

Sat

8:00 am – 11:00 am

Ludlow

Post Master: Dawn Howlett Lobby Hours: Mon – Fri Sat Window Hours: Mon – Fri Sat

802-228-7436

6:30 am – 5:30 pm 6:30 am – 11:00 am 8:30 am – 5:00 pm 8:30 am – 10:30 am



Mount Holly Chit Chat, Inc.

PUBLISHER: Mount Holly Chit Chat, Inc., a Non *Profit Vermont Corporation; Federal 501 (c) (3) tax-exempt statuses* **BOARD of DIRECTORS:**

PRESIDENT: Dennis Devereux; **V. PRESIDENT:** Susan Crawford; **SECRETARY:** Barbara Ludwig; **TREASURER**: Diana Garrow; **DIRECTORS:** Heather Garrow, Christine Pratt, David Venter;

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ASSISTANT to the EDITOR: Heather Garrow

SUBMISSIONS: Deadline is 22nd By 6:00 pm of each month for the following month. Send to <u>chitchat@vermontel.net</u> or **mail to** Mount Holly Chit Chat, 3379 Shunpike Rd., Mount Holly, VT 05758 **Phone 802-259-2314.** E-mail or mail articles on Town news, events, and issues; op-eds and essays; poems, jokes, recipes, nature observations, reviews, obituaries, remembrances. Include name, address, and phone number. Anonymous articles will not be accepted. Mailed copies should be camera-ready, i.e., ready to be scanned into the paper. Contact the editor for further information. Contact the editor for inclusion in the coming month's announcements of birthdays, weddings, anniversaries, graduations, retirements, and other milestones.

PHOTOS: Color photos of events are welcome as they look great on the Chit Chat web edition

LETTERS to the EDITOR: email; 300 word limit; include name, address, and phone number. Letters are subject to editing for reasons of space and clarity. Requests for anonymity will be considered by the Editor.

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RATES: Back Page: \$20 (Increase to \$25 Jan 1, 2015) Per Listing for one year

1 Mo.	3 Mo.	6 Mo.	9 Mo.	12 Mo.
\$15	\$40	\$80	\$115	\$150
\$30	\$80	\$150	\$225	\$300
\$45	\$125	\$240	\$350	\$450
\$75	\$200	\$375	\$550	\$750
\$125	\$325	\$625	\$1025	\$1250
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CIRCULATION: The Mount Holly Chit Chat is delivered to every residence in Mount Holly and mailed to out-of-Town property owners as well as other folks with Mount Holly ties.

INTERNET: Each month's edition is published on the Mount Holly Town website: **www.mounthollyvt.org**

MEMBERSHIP IN CORPORATION: Open to all who live, work, or own property in Mount Holly and who make an annual donation of any amount.

The Annual Membership meeting is held on the second Monday in September in the Mount Holly Library at 7 p.m. The meeting includes the annual report and election of the Board of Directors

ORGANIZATION SUPPORT: The Mount Holly Chit Chat has been published each month since 1974 and has been supported solely by donations until 2006 when readership was expanded as a public service to all who reside, vote, or own property in Mount Holly. The Chit Chat is supported by donations, advertisements, and appropriation from the Town

February 2015 Mount Holly Chit Chat Inc.

Mt. Holly School Board Meeting

The Mt. Holly school board met on Wednesday, January 7 at the Black River High School. The board approved a budget to present to the voters along with setting an announced tuition. Mr. Hutt Vater reported on some of the building projects that have been going on at the school along with the deep cleaning that took place over the holiday break. The board approved the warning to present to the voters at the annual meeting. They also approved the minutes of the two meetings held in December.

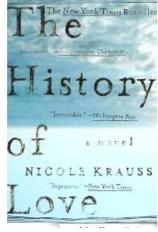
The next meeting will be on February 4, 2015 at Ludlow Elementary School.

MHS Kindergarten Gallon Milk Jug Search

The Mount Holly School Kindergarten class is in search of empty plastic **gallon** milk jugs to construct an amazing igloo in their classroom. Please drop off your clean gallon size milk jugs at the Mount Holly School. Thank you, The MHS Engineering Eleven (Kindergarten Class)

TO ALL ASPIRING ARTISTS!!!

The Mount Holly Artists Group is still active. We get together every Saturday morning at 10:30 in the community center room (under library) and set up a still life. We draw in whatever medium pleases us and get helpful hints from each other. The sessions are open to all and completely free of charge. All that is needed is pencil and paper. We hope to see you soon. Madeleine Fay (coordinator)



Mount Holly Library Reading Discussion Group

The Mount Holly Library Reading Discussion Group will meet on February 11, 2015 at Minga Dana's, 1040 Straight Road. Meeting time Reverend Romanus Igweonu of The Church of Annunciation Parish in Ludlow celebrated his 50th Birthday recently with parishioners. Photo by Joseph Hammond Pictured L to R Front: Nancy Tilton, Bob Snarski, Ann Doucette and Moe Doucette, L to R Back: Dick Tilton, Father Ramanus and Sally Snarski



is 7:00 p.m. and we will be discussing The History of Love by Nicole Krauss. You can pick up a copy of the book from Donna at the post office. Please call Minga at 259-2471 if you have any questions.

Festival Of Lights 2014 Thank You

The MT Holly Museum would like to thank the following donors, who made the Festival of Lights such a great success! We appreciate all who donated an item or decorated a variety of beautiful and one of a kind wreaths and our talented local artists. To those who attended, we were all winners.

Please support these generous supporters:

Harry's Café, Mr. Darcy, Hannaford, Killarney's, Ninety Nine, The Inn at Weston, Sam's Steakhouse, Café at the Delight, Chef Mei, Garden Café, Price Chopper, Belmont Store, Outback Pizza, McNeil and Ready, Robin Nelson, Carol Devine, Green Mountain Coffee, Viola Higgins, Walmart, Water Wheel Quilt Shop, Modern Cleaners, Hannoush Jewelers, Hounds Folley, Judy Nevin, Maggie Blane, Tina's Fun Stuff, Lori Doolittle, Pat Labella, Cindy Hinchliff, Susan Presson, Brewfest Beverage, Gary Cole, Fletcher Farm, Sue Covalla, Weston Play House, Gary Martin, Stephanie Stouffer, VT Country Store, Village Shop,

Joy, D Lasser, LaValley's, VT Sports and Fitness, Signature Day Spa, Madelyne Fay, Alec McCallum, Nancy McKeegan, Sheriation's, Lynne Anderson, MT Holly Community Guild, MT Holly Garden Association, Apple Knoll Inn, Green Mountain Oral Surgery, Castle Hill, Gene Jennings, Jeb Porter, Clover Knoll/Cook's Cupboard, Book Nook, Crowley Cheese, Kelley Real Estate, Baba Louie, Papa John's Sugar Shack, Fox Meadow Farm, DJ's, Chrisandra's, Stephanie Smith, Mojo's, Java Baba, Ludlow Village Pizza, Belmont Chocolates, Riverside Vets, Big Eyes Bakery, Catamount Pet Supply, Yankee Paints, Deb Costa, Dennis Devereux, Doris Reiser, Robin Eatmon, Just Doggin It, Darkside, Gloria's Pantry, Della Thompson, Carpet Warehouse, Thrive Center, Okemo and Espress Copy Printing and our board members. With great appreciation, Linda Guerrera and Doris Reiser, Co-Chairs



February 2015 Mount Holly Chit Chat Inc.

To The Mt. Holly Community From Mount Holly Volunteer Rescue Squad Information You Need to Know

Our belief is that an informed community can benefit most by understanding how our emergency services (MHVRS) operate.

There is no experience more satisfying or rewarding than serving our residents when medical or traumatic emergencies occur. As a 100% volunteer organization, we are committed to providing the highest quality of patient care to you and your family whenever the need arises. Our Emergency Medical Technicians (EMTs), who are licensed by the State of Vermont, are regularly engaging in training and practical experiences all designed for one purpose: to make our patient care the best it can be and ensure the most supportive environment during transport to one of our local hospitals. Equally as dedicated are our drivers and support personnel who respond without hesitation to work with our EMTs in providing the highest professional service to the community.

One of the unfortunate consequences of any volunteer organization is that volunteers are just that, and offer their time whenever they are available. In the EMS environment, all providers strive to respond immediately to every single 911 call in the most efficient manner possible, without hesitation, however; due to the inherent



location of these responding agencies, the response time is increased dramatically.

There are few other fields where "arriving late" can literally mean the difference between life and death but it is vital that you, our friends and neighbors who comprise the Mt. Holly community, understand the EMS implications of living in a rural setting with the possibility of a delayed response to your home should a medical emergency arise.

Hopefully, you will never be involved in a call where response is delayed but if you are, we hope you now have a greater appreciation of the reasons why.

Mt. Holly is a great place to live and the members of MHVRS will continue to provide the outstanding patient care you have grown to expect. Respectfully, Mount Holly Volunteer Rescue Squad nature of any volunteer organization, this does not happen 100% of the time.

MHVRS faces many of the same challenges of other volunteer ambulance agencies across the state and country in terms of response and response times, but in Mt. Holly, with its membership of only a few volunteer EMTs, these challenges become greatly magnified. When we are notified by State Dispatch in Rutland that an emergency response is needed, a set of tones go out to members. Most of the time, this process results in a crew arriving at the MHVRS building in just a few minutes, thus allowing a fast dispatch to the scene. However, when the VOLUNTEER crew is unable to respond, response is still provided by mutual aid agreements Mt. Holly has made with both Regional Ambulance Service in Rutland and Ludlow Ambulance Service in Ludlow. The result of activating the mutual aid protocols is to ensure that EMS is dispatched and sent directly to the scene, with patient care a priority, but, due to the







Please note: Aiyana was nominated and hopes to attend the Washington Journalism and Media Conference at the George Mason University in Fairfax, Virginia in the summer of 2015 – please help her to raise the money to cover the conference tuition for this great opportunity. Thank you!

p.m. John Halligan will be speaking at the Ludlow Auditorium about bullying, cyber bullying, and teen suicide prevention. He is a dynamic speaker with a powerful message. Do not miss this chance to hear him at no charge.

Our next meeting is Feb. 24 at 4:00 p.m. at the Fletcher Memorial Library in Ludlow. Everyone is welcome so please join us. If you are interested in more information please send an email to bracc7878@yahoo.com or call 228-7878. Get involved to help raise healthy youth!!

SAGE – Shrewsbury Institute for Agricultural Educations

SAGE – The Shrewsbury Institute for Agricultural Education invites you to join Robert King for an introduction to **Biodynamic Agriculture on Sunday February 22nd** from 10am. - 12pm., potluck lunch at noon followed by a question and answer discussion time. The presentation will be held at the historic Russellville Schoolhouse located at the junction of Crown Point and Freeman Brook Road in Shrewsbury. Sunday March 8th will be the snow date. Attendees can expect to learn about techniques, preparations and tools used in biodynamic gardening. Attention will be given to building quality soils and compost through the use of readily available local organic materials. Robert has been involved with biodynamic agriculture for over 40 years throughout New England. He lives in Putney where he is involved in issues of quality local food, food



BRACC UPDATE February 2015

This year, resolve to safeguard your medicines and talk with your family about medicine abuse. Keep prescription drugs out of reach of young people. Store your prescriptions in a safe, secure place and count your pills regularly. Drop unused and unneeded anv prescriptions at the drop box at the Ludlow Police Department in the secure, anonymous bin any day.

BRACC's work of the past 10 years continues targeting the reduction in use of alcohol, tobacco, marijuana, and prescription drugs among our youth. Give them a healthy start in life – be a good role model. Mark your calendars for **March 12 at 6:30**

Pancake Breakfast

Enjoy a VT tradition & taste what spring is all about!

Saturday ~ March 28, 2015 7:30 am - 12:30 pm



Shrewsbury Mtg House 88 Lottery Rd - Shrewsbury Ctr, VT

Benefit: Cairo Shrine Ctr, Rutland VT 802-747-3400 admin@cairoshriners.com or grampaty@comcast.net

security, and food access to the underserved. He has spoken both regionally and nationally on biodynamics. Robert is devoted to building a Community of Gardeners through study, work and social activities to Heal the Earth. Suggested donation is \$20. For more information email <u>Sagevt@gmail.com</u> or call Martha or Podge Sirjane at 492-3377

February 2015 Mount Holly Chit Chat Inc.

Mount Holly Community Association Membership Drive 2014 — 2015

Please join to support...Music on the Green-Mount Holly Day-Garden Tour-Square Dance-Cabaret-Photo Contest-Cider Days-Roast Beef Supper-Halloween Party-Christmas in Mount Holly-New Year's Eve at Star Lake-Spring Mud Fling

And the maintenance of our historic Community Center Building Please join today!!

(Brochures available in the library, the General Store, the post offices and the Town Office.)

Room on the lower level of the Library & Community Center Building. Currently, it is used on a weekly basis by the Play Group, the Yoga group, the Mount Holly Folk Group, Bone Builders, and the art classes. It has also been rented on a number of occasions recently for birthday parties, showers, and other events. If you are interested in using the room, please contact Carol DeVine (259-2562) or the librarian, Lynne Herbst (259-3707) to check on the schedule.

Tables available...the Mount Holly Community Association has 4 round pedestal tables available, which we will give to anyone who can make use of them. They are about 36" in diameter, have a heavy pedestal base, and

Check Out Randy Bixby's Blog

From: Mount Holly Newsflash <<u>mhnewsflash@gmail.com</u>>

http://mhnewsflash.blogspot.com/

NO NEW GUN CONTROL LAWS

Town Of Mount Holly Ordinance All-Terrain Vehicle Regulations ATV Ordinance Highlighted - SELECT BOARD - JANUARY 13, 2015

Mount Holly Community Association

Once again, we rang in the **New Year** with a fantastic **fireworks display on Star Lake**! The Sno*Drifters outdid themselves this year with a truly impressive show and the finale would have been a credit to the Grucci brothers! The hot chocolate and mulled wine was provided by the Mount Holly Community Association and over a hundred people joined in the fun. Many thanks to the Sno*Drifters who work so hard all year to raise money to pay for this grand display. Also, special thanks to Robin Nelson, Mike Smelser, and Jess Alberty, who provided the magical backdrop and the hot drinks. It was an evening to remember and a wonderful one to share with the Mount Holly community!

New Year's Eve at Star Lake was the **last MHCA event** of the year until the regularly scheduled MHCA events resume in the spring, but we hope that the entire community will make use of the beautifully renovated Community

Mount Holly Community Association Calling For Bids

The Mount Holly Community Association is calling for bids to paint the exterior of the Mount Holly Library & Community Center building in the Belmont crossroads in Mount Holly, VT. Painter must be lead certified. Deadline for bids is Friday, February 27, 2015. Please contact Lisa Kelley at 259-3112 or lisa@kelleyrealestate.com.

> formica tops that are a dark brown faux wood finish. If you would like to see them please contact Carol DeVine at cgosedevine@yahoo.com.

> This will be our last call for **membership in the MHCA** for the 2014 – 2015 year. Reminder letters were recently sent out to a number of people who were members last year, but had not signed up for this year as yet. The MHCA is *your* community association and it needs your support

to carry on its work sponsoring events for the entire town and to maintain the beautiful, historic building that houses the library and community room. Membership forms are available in the general store and the library. Thank you for your support!



The Knights of Columbus Council 7324 St. Valentine's Day Dinner

The Knights of Columbus Council 7324 will be having a St. Valentine's Day dinner on February 14th at Church of the Annunciation Parish Center in Ludlow, beginning at 5pm. The menu includes hand carved prime rib, potato, vegetable, dinner rolls and homemade desserts. Cost is \$10pp.



February 2015 Mount Holly Chit Chat Inc.

MT Holly Sno*Drifters & Green Mountain Snow-Flyers

Hello Everyone,

The MT Holly Sno*Drifters and the Green Mountain Snow-Flyers would like to give a special thanks to Jessica Alberty (left) and Robin Nelson (right) from the MT Holly Community Association for their dedication, smiles, laughter and giggles while providing everyone hot beverages on New Year's Eve. We really appreciate your support in co-sponsoring this community event.

Mark your calendars: Our next event will be a Ride In on Saturday, February 14th at the Odd Fellows Hall on Star Lake in Belmont. There will be Valentines on the trails for your kids to find a BBQ and camp fire to warm your toes. Come join the fun and meet the officers, Steve Forrest, Mike Smelser, Mary Alberty, Steve Howlett,



Mike and Claire Poulin and your fellow snowmobilers. The Sno*Drifters and Green Mountain Snow-Flyers are continuing the process of becoming one club, the MT Holly Snow-Flyers. We are hoping to finalize everything this spring.

I am sure everyone heard the story on the news about the missing snowmobilers and how our team rescued them. Here is a letter we would like to share from Charlie:

MT Holly Sno*Drifters,

Thank you for your help when my son Dylan and I got stuck a few weeks ago. We appreciate your determination to find us and



weeks ago. We appreciate your determination to find us and get us home safely. My wife especially appreciates it!! I noticed on your Facebook page/website you are raising funds for a new groomer. Enclosed is a small donation to put towards that, as a sign of our appreciation! Thank you and perhaps we'll see you on the trails soon! Charlie Genovese

Hope you don't mind that we posted this Charlie, thank you we appreciate your generosity! Sincerely the MT Holly Sno*Drifters

Did you know that over thirty people helped us clean the trails after that dreadful winter storm in February? Thank you everyone for your support, we surely have a fine club and I am proud to be a part of it, as should you!!! Think Snow and do the Snow Dance!!! Sincerely, Mary Alberty





SUPPORT THE MOUNT HOLLY TOWN LIBRARY

The public library is a true American invention. Perhaps no other place captures the values of freedom of expression and democracy like this venerable institution. Libraries represent what we should never take for granted: the freedom to read, the freedom to choose and the freedom to share our ideas. The library's mission to provide free and open access to information in all its myriad formats remains constant. Each year we ask the voters of Mount Holly to support our request for \$8,000. This is a bargain for the taxpayer as the \$8,000 only covers one third of the library's

costs. Your library board of trustees asks that you support our request for funds by voting YES on article #7. Thank you. Board of Directors: President Susan Presson, Vice President Joan Bradley, Secretary Emma Vastola, Treasurer Paul Tesik, Members at large: Nancy Connor, Minga Dana, Joan McCallum, Candace Neary and Stephanie Smith.

Take a Book to Bed.....Not An E-Reader

Researchers from Harvard Medical School say you can ruin your health reading "War and Peace" or looking at the latest YouTube on your new tech device before bed. It seems the light emitted from these devices can disrupt sleep patterns. Our bodies are regulated by an internal clock that uses light to tell time. The light emitted from smart phones, tablets and LED lighting disrupts the body's clock. The light wavelength from these devices slows or prevents the production of the sleep hormone melatonin. Research showed that aside from making it harder to fall asleep people in the study were more tired in the morning. We have known for many years that lack of sleep can cause cardiovascular disease, metabolic diseases, diabetes, and cancer. This could be most disturbing for teenagers who naturally have a late body clock and use phones and tablets late in to the evening. So here's the take away....stop in the Mount Holly Library and check out a book to take to bed!!!!

Yoga – Mondays at 4:30

I haven't practiced yoga in about 20 years so I wondered if I was going to like it. For the last 3 Mondays I've joined the class and have been pleasantly surprised at how much I am enjoying. Now I am bummed because I can't make it next week. Erin does a great job of helping everybody along and modifying poses for those of us who aren't as flexible as we used to be. If I can do it so can you!!! Join us!

New volunteer

We are pleased to add a new volunteer to our happy band of helpers. Bob Schiebel is an avid reader, always keeping up with the newest publications and what's hot on the recommend lists. Bob has a little more free time since he retired from his many years as the efficient, friendly Mount Holly rural route letter carrier. Stop in and ask Bob about some of his favorite reads and what is on his current book list. Thanks Bob for joining the staff you are a great addition.

The Nursing Nook

Every Tuesday at 10 am Mom's and babies are welcome at the Mount Holly Play Group where they can meet with a Breastfeeding Peer Counselor from the WIC program at the Vermont Department of Health.

The Peer Counselor teamed up with Lynn Gould from the Rutland County Parent/Child Center who has been providing a supportive atmosphere for Mothers and children the last 4 years. These informal gatherings help kids learn to socialize while listening to songs, dancing, playing with educational toys and participating in creative projects. Moms and care givers benefit by meeting new friends, sharing joys, concerns, experiences and learning from other parents.

Access to the Mount Holly Town Library Catalog 24/7

http://opac.libraryworld.com/opac/signin?libraryname=MOUNT%20HOLLY%20LIBRARY

See something you would like to check out? Email (<u>mthollylibrary@gmail.com</u>) us and we will put it on hold for you. Library hours: Saturday 9 to 1, Sunday 2 to 4, Monday 3 to 7 and Wednesday 3 to 7!

Mount Holly ATV Ordinance

At the December Select Board Meeting the ATV ordinance passed. At the January meeting after hearing concerns, the Select Board rescinded the vote that passed the ordinance and then voted for an advisory question at Town Meeting regarding opening some roads for ATV travel. The vote will take place by paper ballot.

Members of the ATV Committee listened to the feedback and understand the concerns. We are preparing to use the input to modify the current draft ordinance if the vote at Town Meeting indicates the majority of residents are in favor of opening some of the roads. Your feedback on which roads should or should not be opened is welcome and can be sent to <u>mthollyatv@gmail.com</u>.

Many long time residents of Mount Holly have operated recreational vehicles (ATVs and snowmobiles) on the town roads for years without thinking twice about it. Some for pleasure others for work or necessity. As our local population increases and changes we find ourselves having to make adjustments. Many of our current residents were not raised in this freedom rich environment and seek to control and change it. I volunteered my time to work on the committee to develop a safe and legal way to operate ATVs on the roads while meeting the needs and wishes of others. I am concerned that if ATVs are completely banned from using our roads that it is only a matter of time before similar action is taken against snowmobilers use of roads.

Please don't let the opinions of a few people make this decision (either for or against opening roads for ATV use) for the entire town. For all of you waiting to see what happens, its time to do your part. Take the time to attend Town Meeting and vote. Don Patch

SUPPORT our COMMUNITY!!!

Support MOUNT HOLLY!!!

Become an active and positive supporter of the place many of us live in and many of us have invested in through real estate ownership while not living here full time!!! HOW???

Become an M. H. A!!! A Mount Holly Ambassador!!! Join the Mount Holly Ambassador Program!!!

The Mount Holly Ambassador Program is being organized to serve the interests of all members of our community regardless of wheather you live here full or part time!

Okemo Mountain Resort organized an Ambassador Program early in its history and has had significant success with it. The program focuses on the visitor experience including, but not limited to Skiing. By including skiers in their hospitality efforts the resort has made the overall social experience a very positive one, improving the likelihood that the visitor would return and thereby achieve their primary marketing objective.

In the same way we can make our community not only a more welcoming one, which it is, but also an enjoyable year round destination, and reaping the potential economic rewards. Mount Holly is indeed a beautiful place to spend time and live. With two lakes, 60 miles of groomed snowmobile trails, hiking trails, community dinners, Summer Concerts on the Belmont Green, a top notch Elementary School and staff, historical delights and caring people we have much to be grateful for and share

Join our MOUNT HOLLY AMBASSADOR Program!!! Become part of making Mount Holly even better to live in and visit and invest in!!!

To learn more about some specific activities you might give some time to, contact Don Richardson at 802 259-3662, message him at 802 228-7086, or e-mail him at <u>rrivers@vermontel.net</u>.

Lets give Mount Holly the support it needs!!!

PEOPLE HELPING PEOPLE". What better way to serve our community!!! Do it today and Thanks!!!



New Groomer News!

A special opportunity has arisen for the club. Benny's Power Equipment from Chester Vermont in conjunction with BRP has offered to let the club demo a New Can-Am Commander 1000 XT for the 2015 season. As you know the Belmont area contains numerous trails that are too small for our large Tucker. Obtaining a Commander equipped as a groomer has been a dream of the club since we first laid eyes on one of these units.



The club is responsible for immediately purchasing the required accessories including the tracks and a new drag. We would greatly appreciate any financial assistance our riders can spare. We are fortunate that the demo period will give us an opportunity to raise more funds for the Commander itself.

Benny's power has also graciously offered to sell us accessories at a serious discount! They will of course remain our official club dealer as they have been for several years. We are very fortunate to have built a successful relationship with a local dealer that can provide us with such a powerful tool for our club. Thank you Benny's Power and BRP, hope to see you on our trails!

If you are able to contribute please PayPal sforrest@vtc.edu or make checks payable to MT Holly Sno*Drifters and mail to Mt. Holly Sno*Drifters, c/o Clair Poulin, Treasurer, 789 Hortonville Rd., Mt. Holly, VT 05758. Below is a picture of a similar Can-Am grooming setup.





Dear Editor,

My name is Sebastian Frank and I am running for a position on the Mount Holly Elementary School Board. I have been an interim board member since October of 2014, and want to introduce myself because I'm probably a stranger to many of you.

My wife (Amanda Smith) was born and raised in Mount Holly but I didn't move to Vermont until 1989. She and I lived in an off-the-grid cabin on Hedgehog Hill about ten years ago during which time I worked as an aid at the Mount Holly School. A year later, Amanda and I moved to the Midwest where, over the course of several years, we each received our master's degrees from the University of Wisconsin. (In addition to an M.A. in Literary Studies, I have completed all the coursework for a Ph.D.) We moved to East Wallingford about five years ago and we bought a house in Belmont about two years ago. I am currently a full time stay at home dad for our daughters Susanna (age 4) and Miriam (age 22 months). Susanna attends preschool at the Mount Holly School.

As far as I can tell, the job of the Mount Holly School Board is to perform a balancing act. We have to balance the financial demands of the town against the economic incentives (and disincentives) put in place by state and federal legislation. We have to make certain sacrifices for the good of the long term but also keep in mind the importance of maintaining day-to-day morale for those teachers, administrators, and of course our students who are currently at the school. We have to encourage the school to reflect our town's values but we must do so in the context of an increasingly multicultural, global world. In short, we must balance all of the books -- the financial, cultural, environmental, and technological books (to name a few) -- with foresight and common sense.

From my point of view, the essential challenge facing our school board is how to respond to budgetary pressures to constrain spending without causing the school to enter into a state of deflation, otherwise known as the "death spiral." If we spend too much on the school, the town (and arguably the school) suffers. This would be bad. But if we don't spend enough on the school, the town and the school will begin the disintegrate. This would be worse. If we cut too much, current and future families will decide to move elsewhere. If we lose students and don't simultaneously cut spending, Montpelier will penalize the town. But if we cut spending to placate Montpelier, then we will attract fewer students ... and so begins the death spiral. And the death spiral is contagious. With a dying school, housing that would have gone to families will instead be sold to second home owners. If you wheel and deal in real estate, perhaps you want property values to climb indefinitely. But if you prefer to think of property as consisting foremost of homes that are full of people who live and work here (and, yes, educate their kids here), then we must be very circumspect about every cut to school spending.

The other day, my youngest plucked off our shelf a Town Report from 1976. I explained that we really didn't want to read that book but then, overtaken by a sense of curiosity, I started to flip through it. It said that in 1976 there were 92 elementary school students, up from 84 the year before. In 2015 there are 92 elementary school students, not counting the 20+ preschoolers. In terms of trends, three student-counts over nearly forty years is essentially meaningless information -- three points could form a line or a U-curve or an upside-down U-curve or a random scatter plot. I would be misguided to do anything but collect more data and it would be misleading for me to not underscore this point.

Yet I share this anecdote because it made me glad to see how, amidst all the nail-biting and doom saying that tends to dominate the public discourse about Vermont schools, this small echo from the past suggests that the medium/long-term student population in Mount Holly might be more stable than we have been led to believe. I've decided to investigate the actual trend in our town, year by year, as far as the records go back. If anyone has done this already, please be in touch! As far as I can tell, little if any of this information is online. When I collect it all, I plan to put it online. I am also building a website where Vermonters can publicly, at all times of the year, ask each other and the school board questions, give criticism, and discuss matters of public interest. From what I have seen, nothing precisely like this exists. I would like to hear from anyone who has any questions or suggestions and I encourage anyone with web design experience who wants to volunteer to contact me. You can call me at 259-3121 or send me an e-mail at sebastian.frank@trsu.org.

Dear Neighbor:

I am running for Select Board and while it will be extremely difficult to replace outgoing Chairman Jim Heald, I look forward to serving our community and the best interests of our town.

I moved to Mount Holly with my wife in 1982 and we raised three daughters who attended Mount Holly Elementary School. I served on the School Board and enjoyed eight years as a volunteer Fireman. My twenty plus years as Town Moderator was a wonderful experience. Listening to Mount Holly voters discussing issues large and small at Town Meeting for over two decades has given me a unique perspective.

Most recently I worked with a group of Mount Holly folks to ensure that the new Town Garage would be built as planned. As a member of the Select Board I will work for what the majority believes is best for Mount Holly. A vocal minority should never dictate town policy and the overwhelming approval of the Town Garage certainly demonstrated this.

Your vote will be greatly appreciated. Feel free to call me at 259-2033 with any questions or concerns. Again thanks for your support. Ted Crawford

Brigid Sullivan for Select Board

I am running for the office of Select Board in Mount Holly after attending Select Board meetings frequently over the past 10 years. I hope to be able to contribute to our common well being on topics ranging from taxes, to unity, to looking for grants that will help the Town. I promise to listen to all citizens and weigh the issues carefully before I make decisions. I am eager to hear your thoughts about the future of Mount Holly. I can be reached at 259-2274 or

brigid526@gmail.com. Please contact me. I ask for your vote on March 3. Brigid Sullivan

NITKA'S NOTES FROM THE STATE HOUSE By Senator Alice Nitka, Windsor County

This week, the newly elected Representatives and Senators from the hills and valleys of Vermont assembled at the State House for the start of the 2015-2016 Legislative session. The immediate task on opening day was to take the oath of office and be seated in ones' respective body. There are 150 House members and 30 Senators and they come from all walks of life. Men had retrieved their suits from the backs of closets while others had to purchase a coat and tie not having worn one since high school graduation, if then. We have a dress code here controlled by the Sergeant at Arms office and it is enforced. One year, a gentleman member was partial to shorts and was escorted out of the chamber. Men sported new haircuts and some women new colors. If one is over a certain age, the men all look alike to our 8th grade pages who need to learn the names and faces of all 180 members. They study the "Face Book" but it isn't the one that comes to mind these days.

The election of the Governor which you have been hearing about for two months occurred on the second day of the session. It took place in a Joint Assembly of the House and Senate and occurred because no candidate received 50% plus one vote, which is required to be elected. The top three candidates with the highest number of votes were on the



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ballot. The number, in order to win in the Joint Assembly since 179 votes were cast was 90. The result of the secret ballot which is outlined in the VT Constitution was: Dan Feliciano 0, Scott Milne 69, and Peter Shumlin 110. As the elected Governor, Peter Shumlin gave his inaugural address the same day. In the interim of the election and the address, protestors who were upset about the governor dropping the proposed, "Single Payer" health plan took over the Hall of Flags just outside the entrance to the House of Representatives where all the pomp and circumstance was taking place. They sang for hours while inside the hall, Erik Filkorn, an employee of VTrans (Yes, our Highway Dept.) sang all four verses of "America the Beautiful". He was great as were the talented students from Kurn Hattin, an elementary school in Westminster who sang, "These Green Mountains".

We all say, as do our Capitol Police staff say that the State House is the "Peoples' House" and all are welcome unless interfering with the Democratic process, violating rules that involve safety or interfering with others. At several points there was a lot of yelling and unfurling of banners by some demonstrators who came into the well of the House, and stood on the back railing interfering with the events. There was a lot of leeway given, but during the closing benediction by Rev. Dr. Robert Potter of the Peacham Congregational Church, an old protestor himself, who stood with Martin Luther King in his day, advocacy crossed the line. Demonstrators entered the balcony and many guests in attendance saw themselves with no way to get away from an angry, chanting group as they believed the staircase was blocked. The minister was in his element as a preacher and leader and kept going with ad libs, pretty far removed from his intended benediction, which led us all through what could have been a mess. He never chastised the protestors who were trying to drown him out, nor did he try to quiet them. As he said in the middle of the raucousness, I have a microphone and a booming voice. There were more rounds of clapping than I have ever heard in the building as at many points Legislators and others in attendance clapped at length to override the noise of the demonstrators. The State Police, the Capitol Police and the Security Staff showed remarkable restraint. The building closes at 8 pm and some of the protestors refused to leave the building. Some agreed to be escorted out under protest and walked with the police but others refused and needed to be carried out by the police from the second floor. Arrests?, possibly some at that point.

Feel free to give me a call at the State House at 1-800-322-5616 or on weekends at 802-228-8432, anitka@leg.state.vt.us



Mount Holly Town News

Minutes are "DRAFT" until approved at the next Select Board meeting February 10th, 2015. NOTE: Most Select Board meetings are covered by LPC-TV. The videos can be viewed at their website, <u>www.lpctv.org</u>. Computers with internet access are available at the Town Library.

SELECT BOARD ~ BUDGET WORK SESSION - January 5, 2015

Jim Heald, Chairman, called the meeting to order at 6:30 pm. Jim Heald, Raymond Tarbell, and Tim Martin, Select Board members, met with David Johnson, Town Treasurer, to prepare a FY 2016 budget. Also present were Susan Covalla, David Hoeh, Brigid Sullivan, Ted Crawford, Rhonda Rivers and Don Richardson.

1. The Board reviewed a line item worksheet prepared by David Johnson showing the FY13-14 budget and actuals and the FY14-15 budget, then developed a proposed budget for FY15-16. 2. Social Service requests were reviewed.

Regular Select Board meetings are held on the second Tuesday of the month at 7:30pm in the Town Office. Items to be included on the Agenda are due by Noon the Thursday before the meeting.

3. Brigid Sullivan noted that the Friends of Star Lake (FOSL) have put out a request for donations as the Star Lake Dam Percentruction project is now expected to be \$60.

for donations as the Star Lake Dam Reconstruction project is now expected to be \$60-80,000 short with the new dam design. The exact amount will not be known until the new bids are in, which will be after town meeting. FOSL is looking to get a one-time increase in the tax rate to cover the shortfall. The Select Board confirmed that it is

possible to put a citizen petition on the ballot to do that and directed FOSL to the VT Secretary of State's office for assistance in writing the petition.

The meeting was adjourned at 8:43 pm. Rhonda Rivers

SELECT BOARD ~ JANUARY 13, 2015

The meeting was called to order at 7:30pm by Jim Heald. Raymond Tarbell and Tim Martin were present. All stood and recited the Pledge of Allegiance. Jim welcomed everyone and requested that speakers raise their hand to be recognized, state their name and keep remarks civil and short. He also reminded everyone that we are ALL part of the Town of Mount Holly and should work for what's best for ALL of the town.

Mount Holly Animal Control Officer

The Mount Holly Animal Control Officer is Constable Paul Faenza. He can be contacted 24hours/day at pager **786-4404**, or leave a message on his cell at **802-353-8347**.

The ACO handles calls concerning domesticated animals, and farm animals, to include animals running at large, animal cruelty, aggressive dogs, dog bites, etc. For more information or any questions concerning the Mount Holly Dog Ordinance, please contact Constable Faenza at <u>mhconstable@yahoo.com</u>.

- 1. Additions/Deletions to the Agenda: There was one addition to the agenda, regarding the Town Report Books, which was addressed first.
- 2. Town Report Books: Marcy Tanger reported for the Auditors, that they have been considering not mailing the town books to everyone, but rather have the books available for pickup at the Town Office, or mailed by request. She noted that a number of towns have done this, which results in many fewer books needed to be printed and mailed. The books cost \$5.00 each last year to print; total mailing costs were about \$450.00. It has been noted at the post offices that a fair number of books are pulled out of boxes and immediately thrown out. This is a question to be voted on by the town, so it would not be this year. All town books will be mailed this year.
- 3. Minutes: The minutes of the regular meeting of December 16 and the special meeting of January 05 were sent out before the meeting for review. There were no corrections or additions. Upon motions made and seconded it was
 - VOTED: To approve the December 16 minutes. (3-0)
 - VOTED: To approve the January 05 minutes. (3-0)
- 4. Highways
 - The Board reviewed and signed the Certificate of Highway Mileage to be returned to the State. The mileage is used to calculate the State highway aid payment.
 - The Board reviewed the Road and Bridge restrictions, which will remain unchanged. Restricted are Bridge 61 on Cole Road and Bridge 66 on Station Road, which is closed until further notice. The restrictions will be updated for this year using the State's online system.
 - The Board reviewed a letter from Daniels Survey regarding two survey issues and the fact that she has not submitted a bill for her work on the garage/school subdivision. The Board agreed to send a letter requesting her bill.
- 5. Report of Treasurer
 - David Johnson presented an income and expense statement dated December 31, 2014 showing cash balances of \$2,755,673. Outstanding property taxes are down to about \$90,000. Solid Waste revenue (label sales) is at about half the budgeted amount. Solid Waste expense are about \$2,000 over budget, due to increased costs for refrigerant removal, tires and loading of the scrap metal pile. (The vendor no longer loads the metal themselves.) Under highway expenses, David noted that repairs are under budget. Winter road materials are down (only 9 hauls so far this year vs. 18 last year), but the large price increase for salt means it will require watching. The new truck is expected to be delivered tomorrow.
 - The Division of Property Valuation and Review results of the statewide survey showed the town with a Common Level of Appraisal of 114.41% (vs. 114.51% last year). The Coefficient of Dispersion is at 15.48% (vs. 18.06% last year). Therefore, the requirement for an appraisal is not expected.
 - External Audit: The information from the Rescue Squad was delivered to him last week. He promises a draft at the end of this week, so the audit results will be in the town report.

6. Solar Update

Marcy Tanger and Roland Marx presented information on the Boardman Hill Community Solar Farm, which was commissioned on 12/31/14 by Green Mountain Power. The VT Natural Resource Council and VT Law School have asked Marcy and Roland to make a presentation to them, as this project could be a prototype model for others to use. They also noted that there are 5 panels available and requested the town consider buying them. The panels would cost \$4375 and are projected to return \$9-10,000 in electric credits over 20 years. In addition there are annual maintenance costs which are expected to be small (\$40-45 for the first year). The Board was reluctant to add more costs to the budget and asked if the panels could be held until the March town meeting, so it could be voted on by the town. Ron Unterman suggested someone might buy the panels and donate them to the town.

7. FY2016 Budget

David Johnson presented the budget created at the January 05 work session, which resulted in a large increase. He noted that one-half of the state appraisal payment must be added as an expense (\$5,100). He then presented several opportunities to lower some items. Diesel fuel expenses are down this year, in part due to less usage and in part to lower fuel costs. He suggested lowering the budget amount \$8,000. Health Insurance could be lowered \$2,000 and the remaining work on Packer Road could be limited to roughing out the road for this year, saving \$10,000. There was a surplus for FY2014, however the costs for moving the fuel tank and replacing the fuel pump was not in the budget, so some of the surplus must cover that.

As a result, the amount to be raised by property tax was lowered to \$986,855. This is a 7% increase over FY2015, 75% of which is for the first bond principal and interest payment (\$48,700). The increase in regular expenses is 1.8%. Upon motion made and seconded, it was:

VOTED: To approve the FY2016 budget as presented and adjusted, with \$986,855 to be raised by property tax.

The Board will have the opportunity to review the budget once more when they meet to review and sign the town warrant.

- 8. Date/Time to review the Town meeting warrant
 - The Board will meet on Thursday, January 22, 2015 at 6:30 pm for this purpose.
- 9. Transfer Station

Jeff noted that he has spoken with Jim O'Gorman at Rutland County Solid Waste District (RCSWD) to answer questions regarding the Act 148 changes and likely will not attend the VLCT workshop on January 28 on the topic. He also noted that the Town may need to tweak the Solid Waste Ordinance which was passed a number of years ago.

- 10. Star Lake Dam Reconstruction
- Ron Unterman reported that the State has informally okayed the new design. FOSL is awaiting the formal approval.
- 11. ATV Ordinance
 - After last month's meeting and vote, some attendees had asked for written documentation from Attorney Glover regarding the meeting with Jim Heald. A letter from Attorney Glover was read. The letter reviewed the ordinance approval and petition process, noting that a successful vote to disapprove the ordinance would not necessarily be the same as asking the voters whether the Town should in-fact have an all-terrain vehicle ordinance. He further stated that the ordinance proposals he reviewed could ultimately be attacked as being invalid for its failure to name the "location" for ATV operation (23 V.S.A. Section 3510) (no roads were specified). He further noted that the proposals established a somewhat perpetual ordinance adoption process, as each road added would be subject to the procedures of 24 V.S.A Sections 1972 and 1973. The ordinances also seemed to establish a fairly comprehensive administration process, requiring someone, or the Selectboard itself, to administer. He also noted communications with VLCT's attorney who agreed that the ordinance should establish an initial set of roads and that the 'administrative process' could be streamlined.
 - The floor was opened for discussion: Can the ordinance be written so that it doesn't have to go through the process every time? (That's a question for an attorney.) Couldn't roads be added once a year, say December to allow any petition vote at town meeting rather than incur costs of a special meeting? That still leaves an issue for the first year, as no roads specified. Perhaps neither ordinance is the right one and the Board should consider rescinding last month's vote and put an advisory question up to a vote at town meeting. Is there anything in the new budget for costs due to the ordinance? (no)
 - Jim Heald stated again that he had wanted this to be a vote at town meeting before voting on an ordinance. There was further discussion about rescinding the vote with a question about opening roads to be put on the town meeting warrant.
 - Upon motion made and seconded, it was
 - VOTED: To rescind last month's approval of an ATV ordinance. (2-1 T. Martin dissented.)
 - Upon motion made and seconded, it was

VOTED: To place an advisory question on the town meeting warrant regarding opening up some roads to ATVs, with a vote by paper ballot. (2-0-1 - T. Martin abstained.)

- 12. Planning Commission
 - Tim Martin reported that the Planning Commission is working on a new Town Plan and that Bill McGrath is the new chair of the commission.

- 13. Other Business
 - The Board reviewed and signed the Listers' Certification for the April 2014 Grand List.

- The Board reviewed and signed the VAST Landowners Permission form to allow snowmobiles on town property. (At the meeting, it was not clear where this was, but Steve Howlett (Sno*Drifters) clarified that it is a piece of property off Route 155, Scampsville.)
- The State notified the Town of the availability of Aquatic Nuisance Control grants for this year.
- 14. The Board reviewed and signed the December orders for payment.

There being no further business, the meeting was adjourned by motion made, seconded and approved, at 9:18 pm. Respectfully submitted, Rhonda Rivers

MOUNT HOLLY PLANNING COMMISSION ~ Regular Meeting 1-12-15 ~ Please Note The Planning Commission Meeting Time Was Changed at the January 12th meeting to 7:00 pm from here on. The new time works better for all members.

Members present: Clinton Woolley, Michael Valente, Nicole Griffin, Jim Seward, Bill McGrath, Tim Martin Meeting was called to order at 7:00pm by Bill McGrath-Chairman

OLD BUSINESS: Tim Martin made a motion to accept the minutes as read; Michael Valente seconded the motion; the motion was carried by all.

Budget expenses for the year were discussed by the Planning Commission.

Bill McGrath made a motion to move to Executive meeting at 7:10 pm. Executive meeting was dismissed at 7:18pm. 7:20pm working group Town plan was reviewed and changes were made according to Vermont Statues. The Planning Commission will be working on getting the rough draft out for May 2015.

Adjournment: Tim Martin motioned to adjourn meeting, Michael Valente seconded, motion carried by all. Meeting adjourned 9:00pm

Thank you... we've made great progress, But Star Lake still needs your help...

Star Lake Dam & Beach Reconstruction Project

In the past 6 weeks the MHCT has received over \$27,000 in donations for the Dam Reconstruction Project. Contributions have come from current residents and property owners, former residents who remember with great fondness their years in Mt. Holly, and friends of residents who just want to help.**Our thanks to all of you.**

And in the process we've received some really nice notes. Here's one that captures what so many of you have said.

"I read the article about the project to save Star Lake. Although I can't afford any amounts that would make a huge difference, I would like to make a contribution to the fund. If you could tell me how to go about it, I would appreciate it.

I currently live part time in (xxx, VT), but came to Belmont when I was about 10 years old with my family and rented Mildred Standish's apartment in her house directly across from the lake...that became the beginning of my deep attachment to her, to Belmont and to Vermont in general..... I remember when Alan Devereux was the owner of the store, and when the post office was across the street from the store.

I spent many, many wonderful times, as did my kids eventually, on the shores of Star Lake, rowing in the row boats that you could rent for 25 cents an hour (back in the 50's) and diving off the float... the lake was healthy then...it breaks my heart every time I go by now and see what has happened to it.

So if you can let me know how to proceed, I would be appreciative thanks very much"

Please help ... we are 90% there, but still need to raise \$50,000 in order to meet an April deadline to contract this project for a July start.

\$25 Contributor	\$50 Supporter	\$100 Donor	\$500 Sponsor	_\$1000 Patron _	\$	_Other
Name:				CONSERVATION Star Lake Commit		
Address:			Briaid S	ullivan, Preside	ent	
			Ron Unterman & Do	ottie Finnerty, co	o-chairs F	FOSL
Diama				, Belmont, VT		
Phone:			802-259-2491	1 ron@unterm	ian.com	
Email:			MHCT is a 501(c)(3 are tax deductible t	, .		

This project is being managed as a collaboration between the Mount Holly Select Board and the Mount Holly Conservation Trust (MHCT)/Friends of Star Lake (FOSL).

February 2015 Mount Holly Chit Chat Inc.



BLACK RIVER GOOD NEIGHBOR SERVICES, INC. 378 MAIN STREET • LUDLOW, VERMONT 05149-1025

BRGNS THANKS VOLUNTEERS AND DONORS

On Thursday, December 18th some thirty volunteers gathered at Fletcher Farm for the annual Black River Good Neighbor Services' holiday food distribution. They filled boxes with the ingredients for

an all-inclusive holiday dinner, complete with turkey or chicken, stuffing, vegetables, bread, milk and more than a dozen other food items. The boxes were destined for the tables of those families who might not otherwise enjoy a holiday meal. In addition, and in the spirit of the season, toys and presents were packed for those families with young children.

Then, on Monday, December 22nd, over 70 volunteers descended on the distribution headquarters. According to Lee Potter, BRGNS Vice President and program coordinator, "In all we delivered 246 boxes of food and 90 bags of toys to 116 families with 281 people, of who 86 were children under age 13. This project has been a centerpiece of the Black River Good Neighbor Services' program for over twenty years. It has grown substantially, although the staff and volunteers wish it wasn't needed." In addition to those who packed and delivered, many people gathered the food and toys during the previous months. This was a town-wide effort.

Black River Good Neighbor Services would like to thank everyone who helped this effort, from those who helped gather to those who helped deliver, and all those who worked in between.

Thanks go to all who worked at the December 6th Stuff-a-Bus, including the town of Ludlow for providing the school bus and the High School Interact Club who helped stuff it, and to all those who worked at the December 7th Okemo Cares and Shares food drive, especially the Mountain Ambassadors and Okemo employees. Thanks to Okemo for donating turkeys, to the folks at Jeld-Wen for the same; to Black River Produce for giving fruit and potatoes; to Countryside Lock and Alarm for donating hot chocolate, and to numerous individuals who gave cash, which was used to buy perishable food items to complete the menu.

Toys were donated by dozens of organizations and individuals from across the BRGNS service area, all of which deserve thanks, including Annunciation Church, Ludlow Garden Club, Friends of the Library, St. James Methodist Church, Ludlow Rotary, Ludlow Women's Club, Tyson Ladies Aid, Ludlow Town Employees, Berkshire Bank, CTM Media, and Cavendish Women. Special thanks are due to Diane Mueller and above all to Doris Eddy for her coordination.

Lastly, the Fletcher Farm School also gets special thanks for donating space for all of this to occur. This is truly a community effort, and the BRGNS' officers, staff and clients deeply thank all of the many volunteers and donors who make this program possible each year. For additional information about the program or about Black River Good Neighbor Services, please contact Audrey Bridge at 802-228-3663.

BRGNS Receives Major Donation

The Board of Directors of Black River Good Neighbor Services in Ludlow has announced the receipt of a major gift from Black River Produce of North Springfield. The owners of BRP, Mark Curran and Steve Birge have given the



Ludlow based food shelf the land on which BRP first ran their wholesale business in the late 1970's.

Black River Good Neighbor Services operates a food shelf at 37B Main Street in Ludlow to serve the towns of Ludlow, Cavendish, Mount Holly and Plymouth. They have partnered with Black River Produce for many years to help feed the hungry and this latest gesture of generosity is most appreciated.

"This is quite overwhelming," said Peter LaBelle, President of the Good Neighbors' Board. "We are truly grateful for the kindness that Mark and Steve have shown to the people of Ludlow, and especially to our clients."

Black River Produce began the wholesale distribution of produce from an old barn in the lot off Pleasant Street in the late 1970's. They moved their operations to Proctorsville in 1989 when they outgrew the barn, and then moved to North Springfield in 2005, but still remember their roots in Ludlow. "We believe in giving back to the community that has been so good to us," said Steve Birge. "Black River Produce is all about food and we hate the thought that there are people who cannot afford to eat. We just wanted to help Good Neighbors in some way."

For additional information about Black River Good Neighbors call 802-228-3663. For more information on Black River Produce, see <u>www.blackriverproduce.com</u>.

Book & Movie Discussion of the Winter at Fletcher Memorial Library From: Scott Stearns [The Book Nook]

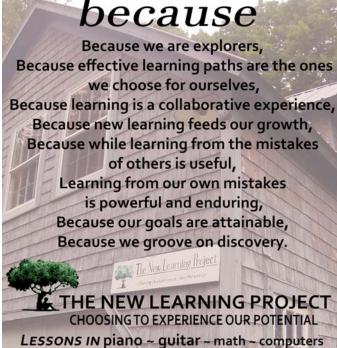
Have the weary winter woes begun to get to you? Well, we have the answer for you!! The Friends of the Library of the Fletcher Memorial Library in Ludlow will be presenting its annual "brown bag bonanza" this January, February and March. On the second Tuesday of each month, we will host a book discussion and on the fourth Tuesday we will show a related movie. These events will take place at the library at 12 noon. If you bring a sandwich, we will provide beverages and delicious desserts. The books will be available at the library.

On January 13th, we will discuss "the flight of Gemma Hardy" by Margot Livesey and on January 27 we will watch the 2011 version of Jane Eyre. On February 10th and 24th, our book and movie will be "Sophie's Choice" by William Styron, a very popular, highly acclaimed novel about choices and their consequences. On the same dates in March, we will be doing "Through the Shadowlands "by Brian Sibley, a love story between 2 unlikely people (C.S.Lewis and Joy Davidson) which has both tender moments and dark hours.

Gemma Hardy becomes an orphan after the death of both her parents goes to live with her uncle who also dies. Unwelcome, she is sent by her aunt to work at a young age at a private school, really as an unpaid servant. Her ensuing experiences take her on a journey of discovery, betrayal, passion and redemption. Set in Iceland and Scotland in the 1950's, it is a captivating homage to Charlotte Bronte's "Jane Eyre" which brings timeless themes of the original book to the fore again. But is it possible to rewrite a product of its time in a modern setting? Come and join us as we discuss the book, view the movie, enjoy good company and delicious desserts.

Evening Song Farm ~ 2015 CSA options

Information is updated and available for our 2015 free-choice CSA options at <u>http://www.eveningsongcsa.com/doc/join-our-csa</u> This is the first year we are offering an "early bird discount," so if you are rejoining or want to check out our different options, this is a great time of year to check out the website or visit us at the Rutland Farmers' Market from 10am-2pm, in the big green building on West Street to ask questions about it.



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email TheNewLearningProject@gmail.com or call Marcos Levy 802.492.3208



PEGTV Offers 17th Annual Courcelle Scholarship

PEGTV, Rutland County's public access television station, is pleased to announce that we have expanded the scope of our annual PEGTV Courcelle S



scope of our annual PEGTV Courcelle Scholarship to include the entire realm of visual and media arts. Two Rutland County high school seniors have the opportunity to win a \$1000 scholarship to pursue post-secondary education in all areas of television, film, radio, internet, computer animation, graphic arts, sound engineering, photo and print journalism.

The 17th annual PEGTV Courcelle Scholarship honors the memory of Joe Courcelle for his pioneering work for public access television in Rutland. Joe Courcelle was an active member of the original board of directors, a dedicated independent producer and an integral part of the establishment of Rutland's PEGTV.

A special selection committee will review the applications and interview potential candidates. Applications have been sent to Rutland County high schools for distribution to interested candidates and are due by May 1, 2015.

Anyone interested in receiving an application may contact their high school guidance office or call Chris McCormack, Channel 20 program coordinator, at PEGTV at (802) 747-0151.

PEGTV is comprised of Channels 15, 20 and 21 and is available to all cable and Vtel subscribers throughout Rutland County. Streaming yeather forecasts are also available online at www.pegty.com

programming, video on demand services and hyper-local weather forecasts are also available online at <u>www.pegtv.com</u>

Rutland County Democratic Committee Meeting

Monday, February 2, 2015 at the Rutland Free Library ~ 6:15 pm - doors open, refreshments ~ 6:30 pm - meeting begins

The RC Executive Committee is currently working on inviting new members to join the executive team, recruiting for alternate representatives to the Vermont State Committee, getting focused on building stronger relationships with the town chairs across the county, as well as starting to think about our work for 2015 and into the 2016 election cycle.

It will be important for all Town Chairs to be engaged as you of course know the people in your communities and what those local issues and concerns are!

Please share this meeting information with your town committees and all others that may interested in attending. Thanks so much! If you aren't at the table, you are on the menu. Gov. Madeline Kunin

Peace, Kristin Chase Andrade, 20 Royce Street, Rutland, VT 05701, kandrade@juno.com kristin.andrade@tsa.dhs.gov

Babysitter's Training Course

10:00am - 4:00pm Friday March 27, 2015

Fletcher Memorial Library, 88 Main Street, Ludlow, Vermont 05149

Calling all students ages 11-15! Are you interested in earning a little extra cash this summer? Do you have an interest in children and want to learn how to baby-sit from the experts? Well, the Fletcher Memorial Library has just what you are looking for! The FML is teaming with the American Red Cross to offer a one day Babysitter's Training course. During this class participants will learn how to –

- Supervise children and infants
- Perform basic child care skills such as diapering and feeding.
- Chose safe age-appropriate games and toys.
- Handle bedtime and discipline issues
- Identify safety hazards and prevent injuries
- Care for common injuries and emergencies such as choking, burns, cuts and bee stings
- Communicate Effectively with parents
- Find and interview for babysitting jobs.

In addition to learning these much needed skills participants will earn an American Red Cross Babysitter's Training Certificate and will leave with several training manuals and their own first aid kit. 12 participants are needed for this course to be held, so grab a friend and sign up today! *Participants will need to provide their own lunch.

Please contact Youth Services Librarian Sacha Krawczyk at 228-3517 to register.

Okemo Valley Regional Chamber of Commerce Submitted By Marji Graf, CEO February 2015

We're off to a great start to 2015!

- The Chamber has renewed their commitment in the Clean Energy Information Hub. Details can be found on our website. YourPlaceInVermont.com
- We held a focus group for VTEL at the Center for Research and Public Policy
- We held our new member orientation on January 13 at Inn Victoria
- We held our January mixer at The Next Chapter in Ludlow and presented the January 2015 Member of the Month award to Mark Williams of Mr. Darcy's.
- We're offering two trips this year through our Travel with the Chamber program, 9/22/15 to India leaving from Boston and 10/14/15 to Italy leaving from NY
- We're presently working on content for our next Annual Regional Guidebook
- Our web stats reveal constant growth with over 14,000 hits/month
- Our guest this month on our lpctv show is Randall Autry, CEO, Green Mountain at Fox Run
- We're getting ready to promote our region at the New York Times Travel Show from 1/23-25.

Upcoming programs:

- February 11 is our next mixer at Good Commons with a solar workshop
- February 14/15 Chester Winter Carnival
- February 17 is our next education program by Ross Gibson from The Richards Group talking about Employee Engagement at Newsbank Conference Center
- Be sure to check out our extensive calendar of events on our website.





Okemo Valley Regional Chamber of Commerce Participates in the new Clean Energy Information Hub

Ludlow, Vermont – The Okemo Valley Regional Chamber of Commerce is on the path to become a clean energy leader. The chamber signed on to participate in the new clean energy network and information hub called Chambers for Innovation and Clean Energy (CICE). CICE was founded by local chamber executives to help local chambers and member companies navigate the clean energy space, spur business innovation, and accelerate business competitiveness through clean energy.

"We believe that clean energy is an economic development tool" said Marji Graf, CEO, of the Chamber. "We share a commitment to creating jobs and removing roadblocks to economic recovery, all while promoting the unique resources that exist here in the Okemo Valley."

<u>Chambers for Innovation and Clean Energy</u> is working with a network of local chambers of commerce from across the nation, representing tens of thousands of businesses of every size, from every industry. CICE provides chambers with dozens of <u>Clean</u> <u>Energy Best Practices</u> they can replicate to help their members save money, attract investment, and increase competitiveness. Read more about local Chambers' success stories in <u>Chambers in Action</u>. CICE also connects chambers with <u>leading energy experts</u> to

WINTER PHOTOS!! Mount Holly Photo Contest

There are so many winter months in Mount Holly that we can always use as many winter photos as possible! And this year there is no excuse not to get some fabulous snow covered trees.

So be sure to get out and take some fabulous winter photos. Who knows – you could win a prize AND make it into the 2017 Mount Holly Calendar!

Please note: Photos for the 2016 Calendar will be announced in the March Chit Chat.

For more information, please call Janet Warren at 802-259-2007.

Clean Energy, go to <u>www.chambersforinnovation.com</u>. Media Contact: Marji Graf, 802-228-5830, <u>mgraf@yourplaceinvermont.com</u>

The Little School In Weston

The Little School in Weston, VT would like to extend a generous thank you to all who supported their Annual Appeal Campaign this year. "We are happy to announce a dramatic increase in not only the amount of money contributed, but also in the number of contributors" confirms Little School Director, Meghan Meszkat. "Each year we are so impressed with how many members of our community are dedicated in supporting our school. The donations are used to support our scholarship program as well as support other school wide needs." states Meszkat.

In addition to the funding collected from their appeal The Little School was also the recipient of a generous contribution from The Thrifty Attic to support scholarships for students from the Mountain Town RED. The Little School gives out scholarships annually to students in all of their classrooms based on need.

The Little School, located in Weston, VT, is an NAEYC accredited nonprofit early childhood program that welcomes over 50 young children ages 2 through 5 years and their families. Beginning in 1976, the educators at The Little School have offered full-day and morning preschool programs with a curriculum that has been carefully structured to promote the emotional, social, cognitive and physical development of each child. For more information please contact administration at 802-824-3405 or admin@littleschoolvt.org.

answer questions on financing, policy developments, and new technologies.

"We're thrilled to be a part of this clean energy network with other like-minded chambers of commerce. We'd like to help our local companies save money and become more competitive" said Marji. "Together, we can help build the clean energy economy by helping our member businesses become more energy efficient, supporting incentives for local clean energy projects, and building a market for the clean technology products that could be developed, manufactured, utilized, or distributed right here in our region."

Through Chambers for Innovation and Clean Energy, the Okemo Valley Regional Chamber will provide valuable information, tools, and best practices for member businesses to save money and pursue local, state, and national clean energy incentives.

For more information about the OVRCC Chamber, go to <u>YourPlaceInVermont.com</u>

For more information about the Chambers for Innovation and



FOR ALL OF US

RESPONSIBLE REPRESENTATION AND COMMON SENSE SOLUTIONS FOR MOUNT HOLLY



Mount Holly School Improvements with Efficiency VT Contest Money

We are please to announce that the following improvements at the Mount Holly School are now completed! The town of Mount Holly won \$10,500 plus incentive money for weatherizing the most houses in their district in a statewide competition sponsored by Efficiency Vermont and the money was used to do the following work.

• Demand controls were installed in the fresh air supply for the cafeteria and gym spaces. How it works: For example, if the gym space is allowed to have a maximum occupancy of 200 people, the amount of fresh air delivered at all times is for 200 people,

regardless of whether there are 20 people or 200 people present. With demand control, in the school's case, CO₂ sensors adjust the fresh air supply damper and are calibrated to bring in fresh air according to need (demand). In short, if only 20 people are using the gym space, the CO₂ control adjusts the fresh air supply damper to meet the fresh air requirements of 20 people. When the gym is unoccupied, the fresh air supply damper returns to a setting to meet minimum space requirements. How does it reduce energy consumption: Large fuel savings occur since the incoming volume of cold winter air is drastically reduced. **Based on usage of the cafeteria and gym spaces**,

fuel savings as much as \$2500/year can be realized.
Heat Pump Hot Water Heater- Heat pump hot water heaters have efficiencies typically in the range of 250% -300%. With this technology, a compressor is



used to pressurize refrigerant and transfer heat from surrounding areas, and does so with greater efficiency than by simply using electricity to heat an electric element. **Based on the estimated hot water needs of the school, annual savings of \$300/year can be realized.**



- All leaky exterior doors have been replaced and all doors have had air sealing Annual savings of up to \$300/year total.
- Lighting upgrade- Existing lighting quality was updated with LED technology that improved light levels and color. In addition to this, the LED fixtures used consume less power and have a longer life, resulting in less operating and maintenance costs. Based on the estimated hours of use, it is possible to save up to a total of \$160/year.

Peter Nadler | Energy Associate and MT Holly resident, Marcy Tanger and Principal Craig Hutt Vader at the school.

Peter Nadler examining the new heat pump hot water heater. Principal Craig Hutt Vader examining a new door.

Vermont Symphony Orchestra presents Sunday Matinee Series: Masterworks



March 15, 2015 At 3:00 pm Paramount Theatre, Rutland http://vso.org/eventview.php?id=102

For all events: Tickets \$16 - \$61; students \$9



Enrich your concert-going experience with a free, lively and interactive pre-performance discussion.

To celebrate 80 years of beautiful music in beautiful venues, we have commissioned seven Vermont composers to write 80 second fanfares which will open each of our full-orchestra programs. We look forward to sharing great musical experiences with you all season long!







News from Boardman Hill ... SOLAR FARM CONNECTS TO GMP GRID <u>ALL</u> PANELS ARE BOUGHT!

A few months ago, Boardman Hill Solar Farm was only a creative concept. Today it's a successful start-up and a truly original, working example for community scale solar.

With the lowest costs and **greatest \$\$\$ savings** <u>ever</u> ... and that's <u>truly</u> **GREEN** and actually helps Vermont reach environmental goals -- as most solar projects don't.

Bravo to panel owners who collectively put up more than a half-million dollars to finance the entire farm, with <u>no</u> outside funding. Impressive since panels are mostly for residences, although there are a couple of businesses.

As of December 31st, solar DC energy from panels was converted by inverters to AC power and sent to the

GMP grid. So panel owners can expect credits on their January statements.

Isn't it lovely to have <u>no</u> electric bills? The investment takes a few years to break even, but the return is about as good as you can get ... and lasts for 25 years or more.

And the "farm" has planted a bunch of "trees" that make a real difference in the environment today and on-going in our community and in Vermont.

Bravo to all panel owners!

Pictures above left to right-Pic 1. Finishing up on the last day - standing in front on the right is Nils Behn, CEO of Aegis Renewable Energy. Pic 2.. Roland Marx "turning on" the system. Pic 3 The solar farm



Invest the money you are saving on the cost of oil this winter on a warmer house next winter!

The price of oil is low this year, but we know it will probably go up again, so now is the time to prepare for the higher oil prices of the future. Weatherize your home now to keep costs down when the price of oil rises!

If you would like to schedule a home energy audit call **802-438-2303 ext 227** or visit <u>www.heatsquad.org</u> If you have any questions about this program or would like a brochure or more information, please feel free to contact NeighborWorks at 438-2303.

ATV FACTS AND COMMON SENSE

A letter to the ChitChat last month stated that some arguments against opening

Mount Holly roads to ATV use are being driven by a misunderstanding of the facts about ATV safety. Here are some clear facts that make the safety issue undeniable.

First, according to the Consumer Product Safety Commission 64 people died in ATV accidents in Vermont between 1982 and 2011.

Second, 55% of the 2,321 ATV deaths between 2005 and 2007 nationwide happened on paved and unpaved roads, according to a study by the same agency. This percentage continues to increase as more roads are opened to ATVs.

Third, ATV manufacturers place a sticker on vehicles being sold warning that they are not safe for driving on roads. (Quote from manufacturer's label: "Never use on public roads.")

There are good and responsible ATV riders in town, and, as the writer of the letter said, there also are people who don't care about the law. The problem with opening some town roads to some ATV riders is that it will encourage those other riders – the ones who are not safe and responsible – to flock to Mount Holly, thinking we have opened our roads for their use. This is a distinct possibility since the Town would be required to post road opening announcements in the Town's newspaper of record, in this case The Rutland Herald. Common sense says that we will be opening a major can of worms for the Select Board and Town, not to mention the risk of lawsuits, if we move in this direction.

Nearly 90% of the towns in Vermont (about 212 out of a total of 242) do not allow ATVs on their roads and the State of Vermont does not permit them on any state roads or highways except to cross. Basically, the vast majority of towns in the state don't think ATVs on their roads is a good idea.

This issue will be voted on <u>at</u> the Town Meeting on March 2. You must be there to have a voice in this issue. Please attend and vote NO. Francis "Fra" DeVine, Member, Mount Holly ATV Committee

Weekly Preschool and Toddler Story Time

Every Wednesday from 10:30-11:30am. Each week features a theme, music stories and a craft.

Read With Oreo

Thursday February 12th 3:00-4:00pm.

School age students are invited to come to the library and read with Oreo the therapy dog. Oreo will be here from 3:00-4:00 the second

Thursday of every month.

Monthly Cooking Club

Soft Pretzels

Grades 2-6

Space in limited to 8 participants: Thursday February 26th 3:00-4:00pm

Crafty Tuesday Grades K-6 3:00-4:00pm

February 3rd- Marvelous Mardi Gras Masks- It's time to make colorful masks in celebration of Mardi Gras-

New Orleans Louisiana's favorite mid-winter parade and festival.

February 10th- Valentine's Day Owls- Whoo can make the cutest owl for Valentine's Day? You!

February 17th-Schoool Vacation Week- No Crafts

February 24th- Chinese New Year Dragons- Join us to make a one of a kind sparkly dragon puppet.

School Vaction Week Family Movie Matinee

Tuesday February 17th 1:00-2:30 ~ All ages welcome and refreshments will be served

Disney's "Alexander and the Horrible, No Good, Very Bad Day" (PG)

Do You Want To Build A Snowman? ~ Friday February 20th- 1:00-2:30

Join us for an afternoon of frosty fun as we meet outside to fill the grounds of the library with snowmen. Use our materials, or bring some from home and let's see how many new friends we can create. Hot cocoa and treats will be served from 2:00-2:30. Event is dependent on the weather. Check our Facebook or Webpage for updates. Dress warm!

Teen Cooking Night- Grades 7&Up

Monday February 9th -5:00-6:30 Join us as we bake and decorate Valentines Cake Pops

Please call Sacha at 802-228-3517 to register for a program or for more information. Hope to see you at the library!

Vermont Division of Emergency Management and Homeland Security

Precautions urged in the cold

The National Weather Service is warning of cold temperatures for much of this week. Wind chills will be below-zero at times and could be colder than 20-degrees below zero Wednesday night into Thursday. Those temperatures have the potential to pose a danger to health and property.

Some steps to take to keep yourself, your family, your pets, and any elderly or homebound neighbors safe during cold weather: Monitor weather reports.

Be a good neighbor. Check with elderly or disabled relatives, neighbors, and friends to ensure their safety.

Minimize outside activities, particularly the elderly and very young. Also, consider your pets and limit their time outdoors.

Dress in several layers of loose-fitting, lightweight clothing, rather than a single layer of heavy clothing. Outer garments should be tightly woven and water repellent. Wear a hat, mittens and sturdy waterproof boots, protecting your extremities. Cover your mouth with a scarf to protect your lungs.

Excessive exposure can lead to frostbite, which is damaging to body tissue that is frozen. Frostbite causes a loss of feeling and a pale appearance in extremities, such as fingers, toes, ear lobes or the tip of the nose. If symptoms are detected, seek medical help immediately. Slowly warm the affected areas as you await medical assistance.

Hypothermia can occur in extreme cases. The warning signs are uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness and apparent exhaustion. If the person's temperature drops below 95 degrees, seek immediate medical care. If medical assistance is not available, slowly warm up the person, body core first, wrapping them in a blanket or using your own body heat. Do not warm the extremities first, for this drives the cold blood towards the heart and can lead to heart failure. Do not give the person alcohol, coffee, tea or any hot food or beverage. Warm liquids are best.

Ensure you have sufficient heating fuel, as well as emergency heating equipment in case you lose electricity. If you need information on heating assistance you can call Vermont 211.

If you lose power or heat and need a safe place to stay call 2-1-1. 2-1-1 can tell you if any warming shelters have been established in your area or connect you with the Red Cross, which can provide safe shelter to those in need.

Test smoke and Carbon Monoxide (CO) detectors, and change their batteries regularly. Malfunctioning heating equipment can produce harmful levels of CO, including: fuel-fired furnaces or boilers (non-electric), space heaters with pilot lights or open flames (for example kerosene heaters, wood stoves, or fireplaces), and gas stoves or ovens - especially those with pilot lights. Cars, snowmobiles, trucks, and other vehicles run in a garage can also be sources of CO poisoning, which can be deadly. Never operate a vehicle or generator indoors; they should only be run be outside and away from the home so CO cannot vent inside living areas.

If you lose power or heat, try to keep pipes from freezing. Leave cabinet doors around them open to allow as much heat as possible to reach them. Wrap them in insulation or layers of newspapers, covering the newspapers with plastic to keep out moisture. Allow a trickle of warm water (if available) to run from a faucet that is farthest from your water meter or one that has frozen in the past. This will keep the water moving so it cannot freeze. Learn how to shut off your water if a pipe bursts.

Make sure your car is properly winterized. Keep the gas tank at least half-full. Carry a Winter Emergency Car Kit in the trunk including blankets, extra clothing, flashlight with spare batteries, a can and waterproof matches (to melt snow for drinking water), non-perishable foods, windshields scraper and brush, shovel, sand, towrope, and jumper cables.



VNA & Hospice of the Southwest Region Hires Development Director



Rutland Area Visiting Nurse Association & Hospice (RAVNAH) is pleased to announce the appointment of Christine Hoard as Development Director for the newly formed VNA & Hospice of the Southwest Region (VNAHSWR).

Hoard brings more than 20 years of experience in professional fundraising, project management and special events production. Most recently Hoard held the position of Annual Fund Coordinator at Burr and Burton Academy in Manchester, Vermont, where she was responsible for the school's annual giving program. She was also responsible for managing special events, including the annual on-line auction, Grandparents day and reunion weekend.

Prior to that position, Hoard served as the Business and Projects Manager for the Manchester Music Festival, and before that, she held several positions from Events Coordinator to Annual Fund Manager to Charitable Resources Officer at the Glens Falls Hospital Foundation, where she developed and initiated the hospital's first Annual Giving program. During her tenure, the fund increased by 285% in seven years.

"Christine has extensive experience in all areas of fundraising. We're excited to have her on board. She will be a strong addition to our team, especially as we develop new relationships in the Bennington area, the newest member to our family", said Ron Cioffi, VNAHSWR CEO. "We look forward to building upon the many successful fundraising initiatives currently in place."

Hoard will be responsible for the overall planning, organizing and directing of all fundraising initiatives for the VNA & Hospice organizations providing home health and community health services in Rutland (RAVNAH), Dorset (DAVNAH) and Bennington (VNAHSVT), Vermont.

Hoard received a Bachelor of Science from Castleton State College. She is married and lives with her husband, Frank Jr. and two children, Marisa and Kyle, in North Granville, NY. Christine enjoys spending time with her family and supporting her husband at the local dirt stock car tracks where he race. She and Frank own Hoard's Car Care, an automotive repair shop in Manchester, VT.

About VNA & Hospice of the Southwestern Region

VNA & Hospice of the Southwest Region (VNAHSWR) is comprised of three Medicare-certified, non-profit home and community health care agencies, including Rutland Area VNA & Hospice (RAVNAH), Dorset Area Visiting Nurse Association & Hospice (DAVNAH), and VNA & Hospice of Southwestern Vermont in Bennington (VNAHSVT). VNAHSWR's primary purpose is to enhance the quality of life to all served through comprehensive home and community health services. CarePlus, VNAHSWR's private duty in-home care program, offers professional, personal care and companion services to help people of all ages take care of themselves or a loved one in the comfort of home. Melissa Delehanty

RAVNAH Offers Hospice Volunteer Training

Rutland Area VNA & Hospice (RAVNAH) will offer a free eight-week hospice volunteer training course for individuals who wish to become hospice and palliative care volunteers in the Rutland County, Dorset and Rupert areas.

There will be eight three-hour sessions beginning in late March that will meet two times a week on Thursday afternoons and Saturday mornings. The content will cover many aspects of the dying process including spiritual and bereavement issues, patient privacy and confidentiality, cultural competence in different settings with diverse populations, and ways in which a volunteer presence can support both the hospice patient and the family or caregivers. Materials will be provided and there is no charge for the training.

The training sessions will be held at RAVNAH, 7 Albert Cree Drive in Rutland. To enroll in the training or to find out more information, call John Campbell, RAVNAH Hospice Volunteer Coordinator at 770-1683 or email jcampbell@ravnah.org

Vermont Ostomy Support Group – February Guest Speaker: Living with an Ostomy

The Vermont Ostomy Group has been formed and is facilitated by fellow Ostomates with the support of certified Wound Ostomy and Continence nurses for the purpose of providing support, education and information for the person with a bowel and bladder diversion. The Vermont Ostomy Group is dedicated to serving both individuals and their families in the Central Vermont area.

The next meeting will take place on **February 7**, 2014, from 10:00 to 11:30 a.m., and will feature guest speaker Ann LaRocque, LCMHC, who will discuss how to manage change and address the emotional and psychological aspects of living with an ostomy.

The meeting will be held at the Rutland Area Visiting Nurse and Hospice meeting rooms at 7 Albert Cree Drive Rutland Vermont, and are free and open to the public. Light beverages and snacks will be provided.

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Please contact Kate Lawrence, MSN, RN, CWOCN at 802 770-1682 for more information.



Shriner Hospital For Children

Shriner Hospital for Children provides specialty care to children up to age 21 with orthopedic conditions, burns, spinal cord injuries, and cleft lip and palate, regardless of the family's ability to pay. All care and services are delivered in a family-centered environment.



To learn more about our services, or to refer a patient, visit

www.shrinershospitalforchildren.org to locate a hospital near you. Or call 800-237-5055 in the U.S. or 800-361-7256 Canada - Past Potentate Bob Ferguson, Cairo Shriners, Rutland

Rutland Area Visiting Nurse Association & Hospice Community Health Clinics – February <u>February Foot Care/Blood Pressure Clinics</u>

The cost of the foot clinic is \$10. For more information please call 775-0568.

Wednesday, 2/04/15,	Wallingford,
Thursday, 2/05/15,	Rutland,
Thursday, 2/05/15,	Rutland,
Wednesday, 2/25/15,	Rutland,

Wallingford House, 10 N. Main St.,	10:30 am
Parker House, 129 Church St.	10:00 am
Bardwell House, 142 Merchants Row,	12:30 pm
Godnick Center, 1 Deer St.,	12:30 pm

Cholesterol Screenings are offered for \$30 every month:

Clinics held at the Rutland Office are the 1st Wednesday - call 775-0568 for an appointment. Clinics held at the Dorset Office are the 3rd Wednesday - call 362-1200 for an appointment.

Did you get your Flu Shot? You still can!

VOICE YOUR CHOICE: Vaccine options available! Most major insurance accepted – please bring your card. Our clinics have concluded, but if you wish to get your flu shot from one of our registered nurses, please call Cathleen Paulin to schedule an appointment at 802-770-1536. It is our privilege to serve you!

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For Sale - pedestal dining room table with four chairs – Asking \$500 or best offer Call (802) 259-3579

Housing Needed:

Single woman, early 60's, non-smoker, non-drinker, looking for a place to live where it would be possible to have a small woodworking shop. I don't need frills, just a place to live and have a hobby. Looking for a place that includes heat and electricity \$650-\$700/month. Call Cathy 802-856-7393



Mount Holly Chit Chat Inc., 3379 Shunpike Rd., Mount Holly, VT 05758 The Mount Holly Chit Chat, a membership organization, has been incorporated as a non-profit organization in the State of Vermont, dedicated to providing all members of the Mount Holly community with information on Town events and issues. Membership is open to anyone who lives in, works in, or owns property in Mount Holly and who has made an annual membership donation. Membership donations help bring the Chit Chat to you every month.



Who's Got It Locally?

Antists & Anabitasts	
Artists & Architects Photography Gallery, Alex McCallum	259-2318
Spectrum Photography	259-3060
Stephanie Stouffer, Studio & Gallery Gift Shop	259-2686
Bakeries - Catering - Restaurants - Stores	
Harry's Café, Trip & Deb Pearce III	228-2996
Mojo Café – John & Jodi Seward <u>mojocafevt@yahoo.com</u>	228-6656
Bed & Breakfast	
Clifford Country Bed & Breakfast www.cliffordcountry.com	259-2269
Building & Repairs – General Work	250 2600
AW Carpentry-Remodeling*Building*Portable Sawmilling	259-3699
Bob Campbell- Home Improvements 259-2136 bob4u@aol.com Bolalek Construction bolalek.co@gmail.com	353-1489 259-2955
www.bolalekconstruction.com	239-2955
Cutting Edge Carpentry & Paint Works-Curt Marechaux	236-5559
Earl (Tersh) Runner Carpentry – Superior Woodworking	492-3388
G & H Masonry – Jay Goraj <u>ghmasonryvermont@yahoo.com</u>	259-2625
www.facebook.com/ghmasonry	
Grey Goose Chimney Sweeps, Window Washing	492-3549
Hans Electrical, David Hans	492-2219
Ted Stryhas Builder	228-7327
Wright Construction – Brett Wright	259-2094
Communication – Computer Repair & Entertainment	250 2600
Griff's Computer Repair & Consultant Engineering	259-2688
Krueger Engineering- Arthur G. Krueger, P.E.	492-3653
Equipment For Hire & Snow Moving	472-3033
Beardmore Excavating <u>beardmoreexc@vermontel.net</u>	342-3507
Devereux Earth & Snow Moving	259-2809
Norton's Property Management - Logging*Land Clearing*Snowp	lowing
*Brush Hogging*Mowing & Care Taking 802-353-6289 Cell	259-3108
Russ Garrow -Lawn Mowing*Brush Hogging*Garden Tilling*Sne	ow Plowing
	-
*Care Taking greenerpastures@vermontel.net	259-3167
Farm Fresh Products	259-3167
Farm Fresh ProductsMt. Holly Dairy Aire FarmFresh Eggs, Milk & Beef	259-3167 259-2386
Farm Fresh Products Mt. Holly Dairy Aire Farm Fresh Eggs, Milk & Beef Padema Blueberry Farm Pat & Deb Marro	259-3167 259-2386 259-2132
Farm Fresh Products Mt. Holly Dairy Aire Farm Fresh Eggs, Milk & Beef Padema Blueberry Farm Pat & Deb Marro Plew Farm, Pasture Raised Chicken, Pork & Beef	259-3167 259-2386
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Farm Fresh Products Mt. Holly Dairy Aire Farm Fresh Eggs, Milk & Beef Padema Blueberry Farm Pat & Deb Marro Plew Farm, Pasture Raised Chicken, Pork & Beef Plew Farm, Pasture Raised Chicken, Pork & Beef <u>plewfarm@gmail.com</u> Smith Maple Crest Farm, Grass-Fed Beef Cuts Fresh/Frozen www.Smithmaplecrestfarm.com <u>www.Smithmaplecrestfarm.com</u> Funeral Homes Clifford Funeral Home Garage, Repair & Wrecking Belmont Motor Works Harley-Davidson, ATVs, Small Engine Sleds, Welding & Metal Fab gdurgin67@gmail.com	259-3167 259-2386 259-2132 259-2250 492-2151 773-3010 259-3178
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Farm Fresh Products Mt. Holly Dairy Aire Farm Fresh Eggs, Milk & Beef Padema Blueberry Farm Pat & Deb Marro Plew Farm, Pasture Raised Chicken, Pork & Beef Plew Farm, Pasture Raised Chicken, Pork & Beef <u>plewfarm@gmail.com</u> Smith Maple Crest Farm, Grass-Fed Beef Cuts Fresh/Frozen www.Smithmaplecrestfarm.com <u>www.Smithmaplecrestfarm.com</u> Funeral Homes Clifford Funeral Home Garage, Repair & Wrecking Belmont Motor Works Harley-Davidson, ATVs, Small Engine Sleds, Welding & Metal Fab gdurgin67@gmail.com Joe's Garage – Small Engine Repair Miller's Garage – Cold River Rd. Rutland Turco's YAMAHA Service & Sales www.turcosyamaha.com Garden & Landscape, Lawn Mowing	259-3167 259-2386 259-2132 259-2250 492-2151 773-3010 259-3178 259-2688 775-6852
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Farm Fresh Products Mt. Holly Dairy Aire Farm Fresh Eggs, Milk & Beef Padema Blueberry Farm Pat & Deb Marro Plew Farm, Pasture Raised Chicken, Pork & Beef Plew Farm, Pasture Raised Chicken, Pork & Beef <u>plewfarm@gmail.com</u> Smith Maple Crest Farm, Grass-Fed Beef Cuts Fresh/Frozen www.Smithmaplecrestfarm.com <u>www.Smithmaplecrestfarm.com</u> Funeral Homes Clifford Funeral Home Garage, Repair & Wrecking Belmont Motor Works Harley-Davidson, ATVs, Small Engine Sleds, Welding & Metal Fab gdurgin67@gmail.com Joe's Garage – Small Engine Repair Miller's Garage – Cold River Rd. Rutland Turco's YAMAHA Service & Sales www.turcosyamaha.com Garden & Landscape, Lawn Mowing	259-3167 259-2386 259-2132 259-2250 492-2151 773-3010 259-3178 259-2688 775-6852 773-8650 259-2364
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Be.My**₽₽₽** Valentine





February 2015 Mount Holly Chit Chat Inc.