



# Mt. Holly Chit Chat



38/12

February 2013

**Village Baptist Church** – Worship 9:30am, Pastor Glenn Davis 259-2440

**E. Wallingford Baptist** – SS 10:00 am – Worship 11:00 am Evening 6:30 pm Phone 259-2831 [www.ewbaptist.com](http://www.ewbaptist.com)

**St. Patrick's Mass**, Wallingford Sat 4 pm Sun 9:15 am Rev Justin Baker, Pastor & Rev James Dodson, Parochial Vicar Phone 446-2161

**Annunciation Mass**, Ludlow, Sat 4 pm, Sun 8 am & 11 am **Proctorsville** Sun 9:30 am, Rev. Romanus Igweonu Ph. 228-3451

**Okemo Valley Regional Chamber of Commerce** – Marji Graf 228-5830

**Town Library:** Sat 9-1 Sun 2-4 Mon 3-7 Wed 3-7 Mt. Holly Town Library, P.O. Box 93, Belmont, VT 05730 Call 259-3707

**Town Office Hours:** Mon. to Thurs. 8:30 am – 4:00 pm Closed Fri. & Holidays Phone & Fax 259-2391

**Town Treasurer's Office Hours:** Mon 8:30 am – 12:00 pm Wed 12:00 pm – 4:00 pm and by Appointment 802-259-2391

**Burn Permits:** Call Fire Warden ~ Jim Seward 786-3408 or 259-2211

**Transfer Site: Sat. 8 am – 2 pm & Sun. 9 am – 12 pm**

1<sup>st</sup> **Freedom Day- Pres. Lincoln Approves 13<sup>th</sup> Amendment Abolishing Slavery 1865**  
 2<sup>nd</sup> **Groundhog Day**

3 <sup>rd</sup>	Fire Dept. Business Meeting, Belmont Fire Station	7:00 pm
	V.F.W. Post #10155 meeting, Route 103, Ludlow	7:00 pm
4 <sup>th</sup>	Sno*Drifter Meeting –	7:00 pm
6 <sup>th</sup>	Mt. Holly Community Association Meeting, Library	7:00 pm
	Union #39 School Board Meeting, Ludlow Elementary School	7:00 pm
	Mt. Holly School Board Meeting, Ludlow Elementary School	7:00 pm



**Bobcat Hunting Season Ends**

**Boy Scouts Founded 1910**

**Red & Gary Fox Hunting Season Ends**

11 <sup>th</sup>	Rescue Squad Meeting, Rescue Squad Building	7:00 pm
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**Thomas Alva Edison Founder of General Electric Co. 1847**

12 <sup>th</sup>	Community Guild Meeting, IOOF Hall, Belmont	9:00 am
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Selectmen's meeting, Town Office

Fire Dept. Drill, Fire Station

13 <sup>th</sup>	Mount Holly Grange	7:30 pm
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Fire Dept. Ladies Auxiliary Meeting, Belmont Fire Station

ODD Fellows Meeting, IOOF Hall, Belmont

Mt. Holly PTC Meeting, Mt. Holly School Library

14 <sup>th</sup>	<b>League of Women Voters Formed 1920 ~ St. Valentine's Day</b>
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15 <sup>th</sup>	<b>Susan B. Anthony 1820 Women's Rights Leader</b>
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18 <sup>th</sup>	Mount Holly Planning Commission, Town Office	7:30 pm
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19 <sup>th</sup>	Fire Dept. work night, Fire Stations	7:00 pm
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Mason's Meeting, Mt. Moriah Lodge, E. Wallingford

20 <sup>th</sup>	Mt. Holly Town Library Meeting, Library, Belmont	7:00 pm
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21 <sup>st</sup>	Two Rivers Supervisory Union Transition Board, Green Mtn UHS, Library	6:30 pm
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22 <sup>nd</sup>	<b>George Washington 1732</b>
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23 <sup>rd</sup>	<b>Battle Of Iwo Jima 1945</b>
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25 <sup>th</sup>	Rescue Squad Meeting, Rescue Squad Building	7:00 pm
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26 <sup>th</sup>	Community Guild Meeting, IOOF Hall, Belmont	9:00 am
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Fire Dept. Drill, Fire Station

27 <sup>th</sup>	ODD Fellows Meeting, IOOF Hall, Belmont	7:00 pm
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**US Supreme Court Upholds 19<sup>th</sup> Amendment For Women's right to Vote 1922**

28 <sup>th</sup>	<b>Otter Trapping Season Ends</b>
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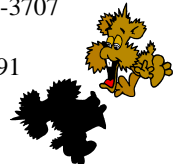
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## Emergency Services

Mount Holly Fire Dept.	259-2700 or 911	Poison Control	(802) 658-3456
Mount Holly Fire Warden – Jim Seward	786-3408 259-2211	American Red Cross	773-9159
Mount Holly Rescue Squad	775-3133 or 911	Game Warden – Greg Eckhardt	802-875-2112 773-9101
Mount Holly Constable Paul Faenza	259-4100 802-786-4404	Health Officer - Frank Bickford	259-2885
Animal Control For Mt. Holly <a href="mailto:mhconstable@yahoo.com">mhconstable@yahoo.com</a>	802-786-4404	Vermont State Police	773-9101

**Send ARTICLES to: Diana Garrow, 3379 Shunpike Rd., Mt. Holly, VT 05758 Phone 259-2314 or E-Mail to**

**[chitchat@vermontel.net](mailto:chitchat@vermontel.net) Check out Mt. Holly Web Site [www.mounthollyvt.org](http://www.mounthollyvt.org)**



"The views and opinions expressed in the enclosed articles are solely those of their authors and are not necessarily those of the Chit Chat, its staff, or its board of directors. The authors are solely responsible for the content of their articles."

**Donation Thank You's:** Donna Lee (Perfect cLEEn House Cleaning Service) \* Kevin & Lana Murphy \* Bill Walters (Tattersall's Clothing Emporium) \* Barbara Pallota (Pallota Pet Sitter) \* Stephen Flanders (Flanders Excavating & Firewood) \* Greg & Betty Klimock \* Janet & Paul Warren \* Ted & Sue Crawford \* John Manning & Lydia Graves II \* Paul & Cecilia Ayres \* Natalie & Jerry Brown \* Ron Unterman & Dotti Finerty \* Minga Dana \* Liz Flint \* Jim & Ruth Lewis \* Gail Graves (Engle & Voelkers, Woodstock & Ludlow Real Estate) \* John McClure & Susan Presson \*



**February Birthdays:** 4<sup>th</sup> -Chris Charuk. 5<sup>th</sup> -Pat Marro. 6<sup>th</sup> -Candance Bussino. 8<sup>th</sup> -Alyssa Collins \* Debbie Alosi. 9<sup>th</sup> -Emma Coldwell. 10<sup>th</sup> -Amy Perrino \* Jack Koponen. 11<sup>th</sup> -Mary Desautels. 16<sup>th</sup> -Michele Tattoli Colm. 18<sup>th</sup> -Andy Bolalek \* Peggy Taylor. 19<sup>th</sup> -Dennis Turco \* Denise Turco. 20<sup>th</sup> -Barbara Palotta. 21<sup>st</sup> -Ben Veysey. 22<sup>nd</sup> -Susan Horsman. 23<sup>rd</sup> -Jerome Brown. 25<sup>th</sup> -Meghan Garrow. 27<sup>th</sup> -Mary Crawford \* Steven Radonis.



**February Anniversaries:** 23<sup>rd</sup> - Raymond & Clarise Dana. 27<sup>th</sup> - John & Carol Delaney. 28<sup>th</sup> -Andy & Teresa Bolalek.

If you would like to add or remove yours or a family members birthday and or anniversary from the list please send the information to me at the above address or e-mail me at [chitchat@vermontel.net](mailto:chitchat@vermontel.net) or call me at 802-259-2314.

## Local Post Office Hours

### Mount Holly 802-259-2796

Post Master:

Mon – Fri 8:00 am – 10:00 am  
& 2:45 pm – 4:45 pm  
Sat 7:30 am – 10:30 am

### Belmont 802-259-2790

Post Master: Jane Hill

Mon – Fri 8:00 am – 12:00 pm  
& 1:30 pm – 4:45 pm  
Sat 8:00 am – 10:45 am

### East Wallingford 802-259-2829

Post Master: Lynnette Devereux

Mon – Fri 7:00 am – 12:30 pm  
& 2:30 pm – 4:30 pm  
Sat 7:00 am – 10:00 pm

### Cuttingsville/Shrewsbury 802-492-3585

Post Master: Barbara Perkins

Mon – Fri 8:00 am – 11:00 am  
& 12:30 pm – 4:30 pm  
Sat 8:00 am – 10:30 am

## Mount Holly Chit Chat, Inc.

**PUBLISHER:** Mount Holly Chit Chat, Inc., a Non Profit Vermont Corporation; Federal 501 (c) (3) tax-exempt statuses

### BOARD of DIRECTORS:

**PRESIDENT:** Dennis Devereux; **V. PRESIDENT:** Annette Lynch;  
**SECRETARY:** Krey Kellington; **TREASURER:** Diana Garrow;  
**DIRECTORS:** Heather Garrow, Mary Beth Dawley, Randy Bixby  
**MANAGING EDITOR:** Diana Garrow

**ASSISTANT to the EDITOR:** Heather Garrow

**SUBMISSIONS:** Deadline is 22<sup>nd</sup> of month for the following month. Send to [chitchat@vermontel.net](mailto:chitchat@vermontel.net) or mail to Mount Holly Chit Chat, 3379 Shunpike Rd., Mount Holly, VT 05758 **Phone 802-259-2314**. E-mail or mail articles on Town news, events, and issues; op-eds and essays; poems, jokes, recipes, nature observations, reviews, obituaries, remembrances. Include name, address, and phone number. Anonymous articles will not be accepted. Mailed copies should be camera-ready, i.e., ready to be scanned into the paper. Contact the editor for further information. Contact the editor for inclusion in the coming month's announcements of birthdays, weddings, anniversaries, graduations, retirements, and other milestones.

**PHOTOS:** Color photos of events are welcome as they look great on the Chit Chat web edition

**LETTERS to the EDITOR:** email; 300 word limit; include name, address, and phone number. Letters are subject to editing for reasons of space and clarity. Requests for anonymity will be considered by the Editor.

**DISCLAIMER:** The views and opinions expressed in the enclosed articles are solely those of their authors and are not necessarily those of the Chit Chat, its staff, or its board of directors. The authors are solely responsible for the content of their articles.

**ADVERTISEMENTS:** Camera ready. Contact editor with questions, or to assist with ad creation (cost \$15).

### RATES:

**Back Page:** \$20 Per Listing for one year

	1 Mo.	3 Mo.	6 Mo.	9 Mo.	12 Mo.
<b>Business Card:</b>	\$15	\$40	\$80	\$115	\$150
<b>Quarter Page:</b>	\$30	\$80	\$150	\$225	\$300
<b>Third Page:</b>	\$45	\$125	\$240	\$350	\$450
<b>Half Page:</b>	\$75	\$200	\$375	\$550	\$720
<b>Full Page:</b>	\$125	\$325	\$625	\$1025	\$1250

**CIRCULATION:** The Mount Holly Chit Chat is delivered to every residence in Mt. Holly and mailed to out-of-Town property owners as well as other folks with Mt. Holly ties.

**INTERNET:** Each month's edition is published on the Mount Holly Town website: [www.mounthollyvt.org](http://www.mounthollyvt.org)

**MEMBERSHIP IN CORPORATION:** Open to all who live, work, or own property in Mount Holly and who make an annual donation of any amount.

The Annual Membership meeting is held on the second Monday in September in the Mount Holly Library at 7 p.m. The meeting includes the annual report and election of the Board of Directors

**ORGANIZATION SUPPORT:** The Mount Holly Chit Chat has been published each month since 1974 and has been supported solely by donations until 2006 when readership was expanded as a public service to all who reside, vote, or own property in Mount Holly. The Chit Chat is supported by donations, advertisements, and a grant from the Town



## Mount Holly Post Office Post Plan Implementation

Dear Mount Holly Postal Customer,

The Postal Service has concluded the POST Plan review process for the MOUNT HOLLY PO. Customer survey responses input from the community meeting and the operational needs of the Postal Service were considered in reaching the implementations decision.

It has been determined that effective 01/26/2013, the Mount Holly PO will provide 4 hours of window service each weekday. The facility retail hours will be from 8:00 am to 4:45 pm with lunch from 10:00 am to 2:345 pm on Monday through Friday, and from 7:30 am to 10:30 am on Saturday. Current Saturday window service hours will not be reduced and access to delivery receptacles will not change as a result of the POST Plan realignment of weekday window service hours.

Customers will have access to their mail receptacles from 8:00 am to 5:00 pm on Monday-Friday and from 7:30 am to 10:30 am on Saturday and Post Office Box mail will be available daily for pick-up by 10:00 am on Monday-Friday and 10:00 am on Saturday. Sincerely, Jim McCartney, Post Plan Coordinator

**NOTE:** Belmont Post Office will still be open for eight hours a day and if you need assistance or postage Post Master Jane Hill would be more than happy to accommodate your postal needs. Belmont Post Office Hours are Mon – Fri 8:00 am – 12:00 pm & 1:30 pm – 4:45 pm and Saturday 8:00 am – 10:45 am.

## Randy Bixby and The NewsFlash

Hi Folks,

Randy Bixby has been providing the town of Mt. Holly with an email NewsFlash for many years. He has put countless hours into a service that has benefited us all. Randy has been in the hospital for many weeks now with a stubborn infection and other health complications. He is very sick and was lucky that his family got him to Dartmouth as soon as they did. He is improving bit by bit but still has a long road to travel. He has days that are good and days that are worse.

Randy's daughter Leslie has taken over doing the NewsFlash in his absence and is doing a fantastic job. We thank her for stepping up! This illness has put the Bixby Family in a very tough financial situation. We hope that all the folks that have benefited from Randy's NewsFlash can help out at this time. Please pass the word along to your family and friends. You can send Randy "Get Well Wishes" and donations to the following address: Lawrence Bixby, Dartmouth Hitchcock Med. Center, Room 323, 1 Medical Center Dr., Lebanon, NH 03756

## MOUNT HOLLY LIBRARY READING DISCUSSION GROUP

The Mount Holly Library Reading Discussion Group is reading The No.1 Ladies' Detective Agency this month by Alexander McCall Smith. The meeting is February 13<sup>th</sup> at 7:00 p.m. at Jane Hill's, Tarbellville Road, Belmont. Please call Minga if you have any questions at 259-2471 or would like to obtain a copy of the book and join the group.

## Mt. Holly School Board Meeting

The Mt. Holly school board met on Wednesday, January 2 at the Black River High School with the LES and U39 boards. Mr. Williams updated the board on the Two Rivers SU meetings and the issues with the after school program sustainability. He also updated the boards on discussions that the administrative team are having regarding school security. He noted that the single biggest preventative measure that a school can take is to practice emergency drills and all the schools are doing that. The board also discussed the budget for the 2013-14 school year. Currently the proposal reflects an increase of approximately 2.5%. Mr. Williams also reported on the savings that the school is realizing due to the creation of the TRSU.

Mr. Hutt Vater reported on the smell at the school and they believe that the issue has been resolved. He also reported on the school security issues and some improvements that they are considering.

The next meeting will be held on January 9 at the Mt. Holly School to discuss the budget. There will be a meeting immediately following at the town hall to discuss the town garage. The next regular meeting will be held on February 6 at Ludlow Elementary School at 7:00p.m.



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## Parent Teacher Club Meeting

**I. Financials:** Currently, the school's fundraising coffers have just over \$12,800, allocated among specific projects or accounts (e.g. 6th grade, Student Counsel, Art Center). We briefly discussed these various accounts and projects, including the following: Table and Chair fund. There was consensus that the school needs about double the number of folding chairs we have now, and that new folding tables would be useful as well. We have a small amount of money in this fund, likely not enough to buy what we need, but other funds may be available elsewhere.

**ACTION:** Morgan agreed to go online and investigate pricing for tables and chairs (Target, BJ's, Costco, Home Depot, Sam's Club, etc.). She also will confirm how many chairs we have now, what our cart situation is, etc.

**SQUARE ART Fundraiser:** We made a little over \$500 on the Square Art fundraiser. We made substantially more the last time we did this event. The timing and the specific goal of the fundraiser were different then, which may have increased the profitability of the event (something to consider going forward). We noted the problems with our order this year, and talked about

doing this kind of fundraiser again, but: (a) think about timing; (b) think about explaining purpose (where money would go); and (c) possibly using another company.

## II. Principal Report

### A. Pre-K Music Program

**GREAT NEWS!** Ms. Wilcox, the school's music teacher, has rearranged her schedule so that she will pick up the pre-k music program, and will do it on a WEEKLY basis (right now, with an outside teacher we have to pay separately, only the 4 year olds have music, and only every other week). And both the 3 year olds and 4 year olds will benefit from the program because the pre-k teachers will repeat Ms. Wilcox's lesson with the kids not working with her directly.

### B. After School Program

**GOOD NEWS!** Our immediate goal (by February) was to have 15 families, 10 paying \$3 per day, and 5 paying \$6 per day. We have over 30 kids signed up, and MOST parents are paying more than \$3 per day, and we are getting additional applications each day. Also: Liz Crowley talked to Diane Muller (part owner of Okemo) about getting funds from the Flannel with Flair fundraiser this winter at Okemo - Diane thought the ASP would be an ideal program to receive funding (their focus is school - community relationships, doing community outreach).

**ACTION:** Emma will call Joyce Washburn to follow up on the possibility of getting funds from the Flannel with Flair event this year, and see what she needs to do for a proposal or to seek the funding.

### C. Grant Updates

Unfortunately, we did NOT get the grant for the solar panels. It seems the available funds were pretty limited this year. We will find out more about where the money did go and what we can do about the project going forward.

No news on the possible additional grant mentioned in last month's notes.

**D. Student Participation in School Governance** Craig noted that we don't have an active student council at the moment. Craig and Emma have talked about reshaping the student council program structure. Traditionally have done 1 meeting a week during lunch and recess - this bum the kids out. Tried a working lunch, but that was not a great model. Have talked about making Student Council be a mix of time in the ASP and attending PTC meetings. Craig hopes to get things going this spring. Student Council has \$1,000 in the PTC fund at the moment.

**E. Okemo Ski Program:** We are in good shape - all paid, volunteers in place (28 volunteers, including teachers). A change from last year: Kindergarten will NOT go to Nordic Center, will be around school. All kids going to Okemo, then, will fit on bus. Craig will take gear in his car, and cross-country skiers will go in private vehicles (only 5 kids doing cross-country this year). Those kids who need rentals will find their gear ready for them when they arrive.

Teachers noted that Ted must ensure we know who is coming back to school after going to Okemo and who is staying on the mountain (parents should have provided this information when signing up for program). ALSO, because Okemo representatives did not come to the school this year, teachers should talk about Okemo and explain what to expect, what the types of slopes are, etc.

**ACTION:** Ted will make sure all teachers, volunteers on bus, and Craig will have these lists.

Craig will ask the teachers to talk to the kids about Okemo in Morning Meeting.

**IMPORTANT NOTE:** Volunteers should be at the bottom of the stairs to the base lodge (next to rental facility) by 11:45 am each Friday.

**F. General Fundraising Ideas:** We likely will need to raise some funds, particularly for ASP. We will know how much we need to raise after the March town ballot initiative on the ASP (see last month's notes). Emma mentioned the Yankee Candle sale again in the spring - Craig talked about the possibility of doing an all-school Yankee Candle fundraiser. Craig will put the issue on the February Staff Meeting agenda, and we'll talk about it in the next couple of months.

**OTHER ACTION:** Craig will talk with Will Nye about his idea for a model train raffle. And we will explore other raffle ideas for the Spring. We also definitely will plan a PTC treat table at the Spring Concert this year.

**HAVE QUESTIONS OR CONCERNS FOR THE PTC? CONTACT:** Craig: [huttvaterc@rwsu.net](mailto:huttvaterc@rwsu.net)

Larissa: [lkezema@yahoo.com](mailto:lkezema@yahoo.com) Liz: [lizcrowley@me.com](mailto:lizcrowley@me.com)

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## Yet Another Break-In on Maple Hill Road This Time

I witnessed a break-in in progress at the Octagon at 853 Maple Hill Road. A year 2000 era Subaru blue Forester with two men inside was coming down the driveway as I was going up. I didn't get the plate number. The door was wide open and some tools were near the door. I think somebody else reported a similar vehicle some weeks ago, but I am not sure. Folks should be on the lookout for any suspicious activity involving a year 2000 era Subaru blue Forester with two men inside.

The burglary on Maple Hill Road took place about 3pm on Sunday afternoon. We are looking for a 2000-2005 Subaru Forester, Dark Blue, unknown plate. Vehicle fled toward Rt 155. Occupied by two males. If you spot this vehicle please try and get the license plate, and notify the state police ASAP at 802-773-9101.

**Suspicious silver pickup on summit road:** We have been notified by our neighbor that last night around 11:00pm they saw a silver pickup truck that pulled into his driveway. Some guys were out with a toe rope and looking around the property. There has been a few break ins, not on this road but at other places in Mount Holly. Keep your eyes open!

## Okemo Valley Regional Chamber of Commerce By Marji Graf, CEO

As I write this, we are exhibiting at the NY Times Travel Show. I love the reception and name recognition we are receiving. We were overwhelmed by the traffic.

\*The Vermont Country Store ran out of giveaways bags within the first 2 hours of the show, and we handed out our Okemo Valley Calendars and bumper stickers as giveaways, along with five cases of our guidebooks.

\*We talked about the upcoming winter carnivals in both Ludlow and Chester and handed out brochures and special packages from member businesses.

\*We met with travel writers, public relation agencies and put faces to names that I work with throughout the year. Cape Air is at the show and told me they are highlighting our area in the March issue of their onboard magazine.

\*One of our 'fam' tours from last summer is resulting in a feature story in the February issue of *Selling Long Haul*. The feature will reach every travel agency in the UK and Ireland as well as online agencies and tour operator reservation and contracting departments. These travel retailers are on the front line of selling travel in the UK, so promoting our region to them is a great way to boost our UK market share.

\*In February we will be heading to the Boston Globe Travel Show representing the Okemo Valley again and I will be setting up meetings with the media to talk about our region. We also have 2 great winter carnivals in February in both Ludlow and Chester!

\*Both the membership and marketing committees will begin working on their 2013 goals. We will be preparing for our first Annual Regional Guidebook and a So, VT Home & Garden Show on 4/6 & 4/7.

\*We are working with Salt City Riders to visit our area the last week of July. Then we have the VT Challenge bicycle race coming in August 14-18. And we end with the month with the Harley Owners Group (HOG) August 22-24.

\**Did you know....*we offer discounted trips through our Travel with the Chamber program? You can book your discounted vacation through our website.

\**Did you know....*that we offer 'free' prescription drug cards to everyone? You can pick them up at the Chamber office or download them from our website [YourPlaceInVermont.com](http://YourPlaceInVermont.com)

\**Did you know....* we will be producing an Annual Regional Guidebook for our region beginning in May which will highlight all four seasons?

\**Did you know....*we have a new mobile application that iphone users can download for free from the App store? It will be available for droids in February.

\**Did you know....*The month of February is our membership drive month? If you like what we do and know of another business that can benefit from what we offer, you both save \$35 off your dues.

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## MOUNT HOLLY TOWN LIBRARY

### Writing Group Meets Monthly

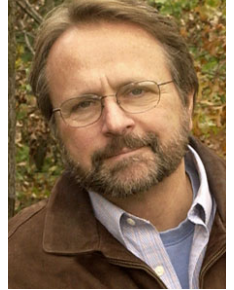
Calling all writing enthusiasts! This is the opportunity for folks interested in writing to interact with other writers. Meetings are held at the library the third Thursday of the month. If you are interested in sharing your writing and in giving and receiving inspiration and recommendations from other writers you would be a welcome addition to the group. Wherever you are on your journey, however far you still have to go, writers of all backgrounds share their work, giving and receiving feedback in an atmosphere of mutual support. The focus of the group is to encourage participants to keep writing. Linda Lampert, Mt. Holly resident, has volunteered to facilitate but all participants will guide the group. Linda has taught a variety of writing classes, most recently, memoir writing. This is a chance to be exposed to different genres and a diversity of writings and people you might never have met. Be challenged, challenge others with your work and soon you will realize that although we are different, we all have a lot in common. Join us February 21<sup>st</sup> at 6:15.

### Welcome New Board Member

Paul Tesik has been volunteering at the library for the last year. Paul is an avid reader and enjoys cooking, skiing and doing his own home building projects. He and his wife bought their property in 1986 and moved here permanently in 2008. We welcome him to the board and thank him for taking on the duty of treasurer.

### Jon Clinch Author Event

We are excited about the upcoming author event. **Sunday, February 17<sup>th</sup> at 4 pm** Jon Clinch, award winning Plymouth, Vermont book author, will present a program about his newest book, *The Thief of Auschwitz*. "The camp at Auschwitz took one year of my life, and of my own free will I gave it another four." So begins *The Thief of Auschwitz*, the much-anticipated new novel from Jon Clinch. In *The Thief of Auschwitz*, Clinch steps for the first time beyond the deeply American roots of his earlier books to explore one of the darkest moments in mankind's history—and to do so with the sympathy, vision, and heart that are the hallmarks of his work. Jon has a fascinating background and great experience with the world of publishing that he will share with us as well as the reasons behind his newest work. We are hosting this event in partnership with **The Ludlow Book Nook** who will provide books for purchase and signing.

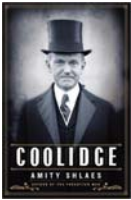


### Acupuncture Continues

Virginia Voronin is a licensed Acupuncturist with her own private practice but brings her talents to us on a donation basis. Participants have enjoyed the great benefits and community aspect of relaxing and restoring our well-being. We meet the 4<sup>th</sup> Tuesday of the month and everyone is welcome to join. For more information you may call her directly at 802-463-9536 or email her [virginiavoronin@yahoo.com](mailto:virginiavoronin@yahoo.com).

### What's Coming Up

As always new books are being published all the time. We thought we would take a peek at what authors are coming out with new books this spring. The following is a list of just a few of the authors with new releases: David Baldacci, Dave Barry, Maeve Binchy, Khaled Hosseini, Jamaica Kincaid (first novel in 10 years!), Jodi Picoult, Elizabeth Strout, Isabel Allende, Harlan Coben, Joyce Carol Oates and Dan Brown with long awaited new book coming in May. Exciting new book to be released February 12 called "*Coolidge*" by Amity Shlaes. In this riveting biography, Shlaes traces Calvin Coolidge's improbable rise from a tiny town in New England up through Massachusetts politics. Coolidge's firm hand, devotion to principle, and hopeful outlook set the stage for prosperity and optimism for a decade. Let us know who you love to read!



### Automating the Mount Holly Library

Yes, it is actually happening! We are very excited about computerizing the library collection. We have entered in a contract with "Library World" a web-based library automation service. We have a group of volunteers that are helping us with all the data entry. Small libraries need to automate to bring them up to today's standards so that they can be viable in their communities and in the larger library world. Automating the library will provide patrons better access, provide accurate statistics and give us an accurate picture of how we serve our community. Our library has never had a card catalog or any records of what we actually own. In order for us to continue to serve our town and keep our status of meeting the standards set forth by the Vermont Department of Libraries we must automate the library. During our strategic planning process it became clear to us that one of the most important changes our community was recommending to us was an automation system in the library. The board and I would like to express our sincere thanks to Marianne McGee for her time and brilliance in helping us train and provide detailed instruction for the process. Folks, please be patient with us, this is a process that will take many months to complete but it will be well worth the wait!!!

### Support for Your Library Is Support for the Community

The local library is one of the most valuable assets in any community. They are a storehouse of culture, ideas and wisdom handed down through the ages. We reach out to patrons for suggestions and requests for materials. We process inter-library loans on a weekly basis and provide delivery service to homes. There are works of fiction and nonfiction, books for all ages to enjoy. There are books on CD, videos, music CDs and computers

that are patrons' link to the Internet. Voters in Mt. Holly have recognized the value of their library and supported it in the past through passage of our request for \$8,000. We strongly urge voters to continue that support and vote yes for the library.



### Letter From a Happy Library Patron

Dear Lynne and Library Board,  
I want to thank and congratulate you all on the WONDERFUL GEM of a Library!!! During these holidays, we have enjoyed several excellent films and marvelous books, thanks to the great cultural resource you offer to the community. Keep up the good work And all the best in the New Year and always. Karen Neller



## MESSAGE FROM MONTPELIER

### Legislative Report from

### Rep. Dennis Devereux of Mount Holly



The first week of the new legislative session is a time to greet returning members, and meet the newly elected freshmen. Our Committee on Government Operations was assigned two of these new members that represent districts in Burlington and South Burlington. We convened to discuss issues that are likely to be assigned to us, and several reports that are due to our committee. We plan to work to improve our search and rescue statutes. Last session we created a commission to make some recommendations that would improve the response to search and rescue situations. With the many skiers that have recently required large search and rescue efforts, some changes will be welcomed by our ski areas.

Our committee held a joint hearing with the Judiciary Committee to hear testimony from the governor's administration and his legal counsel, the state treasurer, and attorney general concerning changes to our pension statutes. This is in response to the state police officer that admitted to fraud with padding his overtime. This was presented as a proposed bill in which both committees will have sections to work out the details. It will only address financial-related crimes committed by teachers and municipal or state employees. The bill would provide some recourse and recovery for pension forfeiture. There was agreement that the committees need to hear from those that represent these three groups, and requested more

information.

The committee also received an overview from the Department of Public Safety, and the issues that each section has responsibility for. The commissioner and his team of leaders include the colonel of the State Police, and the directors of the Division of Fire Safety, office of Emergency Management, and Division of Criminal Justice Services. We will deal with some bills that affect each of them, including their pay raises through the Pay Act.

One of the more controversial bills has started in the senate. S.30 would impose a three-year moratorium on the construction

of large scale wind projects, seek an evaluation of the cost-effectiveness, and move siting jurisdiction from the Public Service Board to the district environmental commission and local land use authorities. A moratorium to consider all these issues seems like a good idea. I think many of us have concerns about these permanent fixtures on our landscape, and if the long-term impact is worth sacrificing our unspoiled ridgelines.

### \* Attention Mount Holly Business Owners \*

The members of Colfax Lodge #21 have set the dinner dates for the 2013 season. The plan is to use placemats for our settings with local businesses advertised on them. Please contact Dennis Devereux with a message at 259-2460 or [ddevereux@leg.state.vt.us](mailto:ddevereux@leg.state.vt.us) to discuss details about the size and costs.

### Christmas Eve Ambush

Here's to the brave men and women who are first responders, whether firefighters, constables, EMTs, or police. Fresh in our minds are the two firefighters-- Michael Chiapperini, 43, also a lieutenant with the Webster, NY police. And Tomass Kaczowka, 19-- both of whom were shot dead by William Spengler when they responded to a house and vehicle fire. Investigators said two other firefighters and an off duty policeman were wounded when Spengler opened fire after setting the blaze to lure the firemen in. As police closed in, Spengler, 62, a convicted felon, killed himself as seven houses there on Lake Ontario burned around him.



Oh, doesn't your heart go out to these families who've lost loved ones who were bravely doing their jobs. We owe so much to heroes like these and I am personally grateful for the dedicated individuals in our town who put their lives on the line on any given day to keep us and our community safe. Let's pray for these families and for the church folk who always come alongside to help people through tragedies like this. May Jesus give you courage in the job you do for Him! See you in church, Pastor Glenn, The Village Church

### Firefighter's Prayer

When I am called to duty, God,  
wherever flames may rage,  
give me strength to save a life,  
whatever be its age.  
Help me embrace a little child  
before it is too late,  
or save an older person from  
the horror of that fate.  
Enable me to be alert,  
and hear the weakest shout,  
quickly and efficiently  
to put the fire out.  
I want to fill my calling,  
to give the best in me,  
to guard my friend and neighbor,  
and protect his property.  
And if according to Your will  
I must answer death's call,  
bless with Your protecting hand,  
my family one and all.  
Amen.



## NITKA'S NOTES FROM THE STATE HOUSE

*By Senator Alice Nitka, Windsor County*

The 2013-2014 session of the Legislature commenced on January 9th and there were many thoughts on my mind about proposed legislation as I approached Montpelier and the State House on I-89. From the peak point on the highway, while still in the town of Barre, there are majestic views of the mountains that compare with the best of scenery in any state. The view with Montpelier in the valley, and trailer trucks ahead and behind preparing for their descent takes one's mind away from any bills. Such was the case when I rolled onto Route 2 and saw the first of many lobbying efforts to be seen on the opening day. A large panel truck with the side displaying support for Home Health Care Workers joined me on our way to the day's activities. At noon there was a rally inside the building by persons supporting "The Peoples Budget Campaign" which encompasses many needs from health care to an early child care workers union.

Room 11 and the hallways were packed!

House and Senate members took their oaths of office and elected a Speaker of the House and a President Pro Tempore respectively. Committee assignments were announced and there was joy for some and gnashing of teeth for others. The committees are comparable in both bodies for the most part with House members serving on one committee and Senators serving on two committees. The House with 150 members sports a diversity of occupations including a veterinarian, a medical doctor, a few farmers, teachers, business owners, active and retired military personnel, lawyers of course and a myriad of others. The Senate with 30 members can almost compete as Vermonters this year elected 6 lawyers, a logger, a goat farmer, a grocer and the rest of us. The mix of citizens here is about the same as our communities around the state.

The Joint Canvassing Committee reported the vote totals for the Election that took place on Nov. 6, 2012 for the Statewide offices. Should the Governor, Lt. Governor or Treasurer have received less than a majority of the votes cast and simply a plurality their elections would have had to have been voted upon by the General Assembly today prior to any of the statewide office holders being sworn into office. As it was, their totals were sufficient and we simply had to vote to approve the election results, but I do remember one year when we had to vote for both the Governor and Lt. Governor in the same year. This past election, totals votes cast for Gov. were 295,412 with Peter Shumlin receiving 170,749, Randy Brock 110,940 and others the remainder. For Lt. Gov. 285,014 votes were cast with Phil Scott receiving 162,767, Cassandra Gekas 115,015 and others the remainder. With that order of business being taken care of the morning, the Lt. Governor was given the oath of office and began presiding over the Senate.

Security was in evidence today, including working dogs with all the dignitaries attending the swearing in events and the Governor's Address. The full Congressional Delegation: Senator Leahy, Senator Sanders and Representative Welch were present as well Secret Service personnel who now travel with Senator Leahy due to his new ranking in the Senate. Some all time favorites in attendance were Lola Aiken, who is one hundred years old (I sure hope I have this correct), Barbara Snelling, Howard Dean, Jim and Dorothy Douglas and many others. Much of the Governor's address focused on Education and he announced several new initiatives. View the full address on line or in our local papers as there is much more than can be addressed here. We're all looking forward to a productive session.

It's that time of year when the House and Senate Appropriations Committees work on the Budget Adjustment Bill. The bill addresses the ups and downs of State spending and revenue in comparison to the budget that was passed for the 2013 Fiscal Year when we left the State House last Spring. We left with a balanced budget as we had the previous year. The unexpected needs of last year were due to Tropical Storm Irene and some of the same needs are still present as we try to rebuild our state. Despite the resilience and strength of our citizens, many persons are still suffering as a result of Irene. The Governor's Inaugural Open House, last week was a funding raising event for Irene victims.

In the Budget Adjustment for this year, there is another group in need of service and that is our VT Veterans. The VT National Guard is required under state law to provide support to our Veterans and this is done with state dollars. A third full time Service Officer is needed and requested in the Budget to assist our Vets who are applying for service related disabilities through the Veterans Administration as there are so many applicants. The claims process is very intensive to get all the paperwork needed for the federal bureaucracy and to follow it through all the reviews. Presently there are 700 compensation cases on the books. This number includes appeals to Washington. Since 2005, twenty million dollars in benefits has been obtained for Vets in VT and this is direct money to the families. This doesn't include social service money or medical benefits. It also does not include Social Security Disability Benefits should the service member be eligible for those benefits additionally. A goal of Richard Reid, (a Vietnam Vet himself) who is in charge of the office is to have an officer within 40 miles of all our Vets one time per month. The office in Montpelier, located across the street from the State House receives about 30-40 calls per day in addition to all the e-mails. The office is available to serve all Veterans in VT. Currently, there are about 53,000 veterans in the state. Of note is that since 2005, the office has served approximately one hundred World War II service men and women. The office maintains the Military Record Repository which maintains over 160,000 military discharge records. As a result of a fire at the National Archives, many of these records are only here.

Incidentally, the Adjutant General administers the Military Department, a position General Michael Dubie held for several years prior to his elevation to his present position in Colorado. General Drew replaced him but is not seeking election to the position which will be voted on and decided by the legislature next month. Three persons that I've heard from are presently campaigning for the post. More information may follow on this race as we learn more about their positions on issues. "Weigh in" if you are involved. Contact me at home at 228-8432, the State House at 1-800-322-5616 or [anitka@leg.state.vt.us](mailto:anitka@leg.state.vt.us) or PO Box 136, Ludlow, VT 05149. Find schedules and bills at [www.leg.state.vt.us](http://www.leg.state.vt.us)



## To The Voters of Mount Holly

For those of you who do not already know me, my name is Tim Martin and I am running for the office of Select Board this year. I have roots in this town dating back 200 years, most of which has been on the family homestead in the hamlet of Mount Holly. I spent the first 2 years of my life on Hortonville road, and then moved 4 miles up the road to Shrewsbury where I lived until graduating from Mill River Union High

School in 2001. I then attended a trade school in Nashville, TN. In 2004 I moved back to Mount Holly where I married my wife, whom I have 2 beautiful children with. Currently I serve on both the Fire Department and the Planning Commission, and I still feel a need to do more for my community.



### Mount Holly 2013 Calendar

**We still have a few calendars left!**

16 wonderful photos – 16 great ways to appreciate our beautiful photogenic town!

**On sale ONLY at the:  
Belmont General Store**

\$20 per calendar  
(\$10 tax deductible)

For more information call  
Janet Warren at 802-259-2007

Sponsored by the Mount Holly Community Association  
All proceeds support community activities

character of Mount Holly for so long. I will help ensure businesses feel welcome here, because like so many of you, I am a small business owner who makes much of my living in town. I will also make every effort to keep the right of the land owner where it belongs, with the land owner. My main goal however, will be to serve you, the people of Mount Holly.

I look forward to your support in March. Respectfully submitted, Tim Martin

### WINTER PHOTOS!! Mount Holly Photo Contest

Last year we didn't have many winter photos in the Mount Holly Photo Contest – probably because it didn't snow enough for really good winter photos!

But no excuses this year! Be sure to get out and take some fabulous winter photos. Who knows – you could win a prize AND make it into the 2015 Mount Holly Calendar!

Remember also that this year we are adding two new categories to the Photo Contest: People of Mount Holly and A Look to the Past: Photos from more than 20 years ago.

For more information, please call Janet Warren at 802-259-2007.

My motivations for running for the Select Board are numerous. As a Select Board member, I will help to ensure this community stays that of a small town, where everyone feels safe and wants to raise their family. I will strive to make this town affordable to live in, keeping our taxes as low as possible, and explore new avenues to possibly reduce them. I will do everything possible to keep this town a place where families continue to stay for many generations, something that has held the



**Join our rewards  
program today!  
No cards and  
no keychain fobs.  
Just an email address  
is all you need.**



**Take the chill off!  
Try our soups, stews or chili every day.  
Have a Ray Dana Burger  
or a Mechanicsville Reuben Burger today!**

#### Winter Store Hours

Sunday: 8AM – 7PM  
Monday-Thursday: 7AM – 7PM  
Friday-Saturday: 7AM – 8PM

**Mother Goose  
Liverwurst  
Now Available**

#### Save \$\$ With Our Weekly Specials:

Mondays - \$2.00 off all Pizzas  
Tuesdays - \$1.00 off all Big (1/2lb) Burgers  
Wednesdays - Grinders for \$5.55  
Thursdays - \$1.00 - \$2.00 off Fish Meals



## Mount Holly Town News

"The following minutes are considered 'draft' until approved, scheduled for the next Select Board meeting, February 12<sup>th</sup>, 2013."

**SELECT BOARD** - January 08, 2013 ~ Paul Nevin, Chairman, called the meeting to order at 7:30 pm. Raymond Tarbell and Jim Heald were present.

1. The minutes of the Regular Meeting of December 11, 2012 and the budget work session of January 03, 2013 were reviewed. There were no corrections or additions and the minutes were approved.
2. Highways
  - The Board reviewed and signed the Certificate of Highway Mileage to file with the state.
- The Town received notice of Hazard Mitigation Grants (thru FEMA). The Board did not feel we would be able to meet the filing deadline of February 1<sup>st</sup> but asked Jeff to keep it in mind for future needs.
- Jeff has prepared forms to update the town's Highway Infrastructure Inventory (culvert and bridges) to reflect the culverts replaced as part of the paving project this past summer. The forms will be forwarded on to VTrans to update the state's computerized database. Maintaining this inventory is required for the Town to receive a larger % payment on paving and structure grants.
3. Report of Treasurer.
  - David Johnson presented an income and expense statement dated December 31, 2012 showing cash balances of \$2,711,651. This is an early meeting date; not all bank statements have been received (missing interest) and some expenses (e.g., Casella) have not been received. Property taxes outstanding are \$243,850; does not reflect a recent deposit by the delinquent tax collector of about 80,000 of taxes. Expenses remain in line with expectations.
  - The Town received the Division of Property Valuation and Review's Certified Equalized Education Property Value report. The Coefficient of Dispersion has increased to 11.33% (vs. 6.89% last year), which indicates the uniformity of appraisal within the town (0.00% is perfect). The Common Level of Appraisal rose from 99.16% to 108.17%, which reflects that sales are less than the appraised values. Based on these figures, there is no required reappraisal. These figures are both part of the education tax rate formula. With no other changes, the higher CLA would tend to lower the expected tax rate, however there have been reports in the news that the statewide education rate is expected to rise.
4. FY 2014 Budget
  - The Board reviewed the updated worksheet of the budget. Some items that were not known at the January 03 work session have changed: requested funds for the Fire Dept. and Rescue Squad were added, the payment in lieu of bond payments for the supervisory union office were deleted (will no longer be needed with the new SU). David recommended and the Board agreed to a carryover of \$4000 on the Solid Waste Fund and no carryover on the General Fund, based on health insurance increases and potential bond payment for the town garage.
  - Based on current numbers, this represents an increase of 1.7 cents on the tax rate.
5. Review Date for Budget and Town Meeting Warning
  - The Board set a date of January 24, 2013 at 7:00 pm to finalize the budget and town meeting warning.
  - Regarding the After School Program, which is a separate article on the warning, the Board noted that someone should be at Town Meeting to make a pitch for this. Jeff noted that this program affects the town road crew, as there is a late bus, and they need to be around if plowing is needed. There is a question if the bus route goes up Healdville Rd into Belmont, or just to the school.
  - There are still a couple of small social service requests that have not been received.
6. External Audit
  - The auditor is expected tomorrow to finish up with the Rescue Squad, Fire Dept. and FEMA-related records.
7. Solid Waste:
  - The Town will put out a notice for an alternate to the RCSWD meetings.
8. Planning Commission
  - Nothing to report this month.
9. Goodell Lot / Tarbellville Cemetary
  - The town was requested to consider taking over the lot, including some monies for its maintenance. The town was also requested to take down two large pine trees. The Board is willing to take over the lot, but does not think the trees need to be taken down at this time. The trees appear to be healthy and the cost to remove them has been estimated at \$5-6000. The Board decided to table this item pending further discussion with the current trustees.
10. Other Business
  - Correspondence received:

### MOUNT HOLLY RUTLAND COUNTY SOLID WASTE DISTRICT ALTERNATE REPRESENTATIVE

The Select Board seeks an individual to be the town's alternate representative to the Board of Supervisors of the Rutland County Solid Waste District.

The representative attends the regular monthly meetings of the RCSWD and reports back to the Select Board. Interested individuals should contact the Select Board, at P.O. Box 248, Mount Holly, 05758 or email [mthollysb@gmail.com](mailto:mthollysb@gmail.com) or phone 259-2391 by February 8, 2013.

The RCSWD meets in Rutland on the first Wednesday of the month at 6:30 pm.

- The annual US Census Bureau Boundary and Annexation Survey was received. There are no changes to the town boundaries and the report will be filed before February 15 as required.
- Act 250: Timber Creek at Okemo: an entire box of information has been received by the town for anyone interested to review

11. The Board reviewed and signed the December orders for payment.

MAPLE



**OPEN HOUSE WEEKEND**

**Smith Maple Crest Farm, LLC**  
Award winning VT Maple Syrup & Grass Fed Beef

**Sat & Sun, Mar 23 - 24**

**SUGAR HOUSE EVENTS**  
Sat. 8:30am-4pm, Sun. 1pm-3pm  
Sample our award-winning syrup  
Syrup Boiling Demo (weather permitting)  
Sugar-on-snow • Refreshments  
Retrace Robert Frost's footsteps while  
enjoying our wonderful mountain view  
Maple products & Beef available for purchase

**SPECIAL EVENT**  
**PANCAKE BREAKFAST**  
Sat. March 23 • 8AM-11AM  
Shrewsbury Town Hall  
Adults \$8, Kids 6-10 \$6, Under 6 FREE  
*proceeds will go to the Cairo Shriners*  
2450 Lincoln Hill Rd.  
Shrewsbury, VT  
[www.smithmaplecrestfarm.com](http://www.smithmaplecrestfarm.com)  
**(802) 492-2151**

There being no further business, the meeting was adjourned at 8:01 pm.  
Respectfully submitted, Rhonda Rivers

**PLANNING COMMISSION** has changed its meeting time to the third Wednesday of every month at 7:30pm at the Mount Holly Town Office. Warned Public Hearings, if scheduled, usually take place prior to the regular meeting. Planning Commission meetings are open to the public and attendance is encouraged. Minutes of Regular Meeting on January 21, 2013 at 7:30 pm in the Town Office Present were Planning Commission members Annette Lynch, Tim Martin, Paul Nevin. Also present was Peter Smith Chair Annette Lynch called the meeting to order at 7:32 The study of the impact of the school subdivision on future school use of the land was added to the agenda. Minutes of the Dec 17<sup>th</sup> meeting were approved.

Paul Nevin stated that the School Board was withdrawing the idea of an easement and wanted to continue with the

application for a subdivision of the school land. Paul discussed the status of the 4 conditions required by the Planning Commission as part of its approval of the subdivision: 1. Traffic safety study – Annette was asked to request the Rutland Regional Planning Commission to organize the study that it had proposed some months ago; 2. Impact of subdivision on future use of School Land - Planning Commission will accept the opinion of the Department of Education regarding the impact of loss of school land on possible future educational developments. Paul Nevin will ask the School Board to provide the Planning Commission with a copy of the letter from the Department; 3 Combination of mylars - the two mylars (maps) presented to the Planning Commission at the Public Hearing are being consolidated into one and reference to the wood-burning furnace is being removed; 4. The first of the two required public meetings was held on January 9 and the second will be scheduled before the Town votes on a bond to finance the building of the garage. The Commission voted unanimously to accept the modified conditions.

Annette asked if the Town had looked into funding for the garage through the USDA Community Facilities program of grants and loans available to small rural Towns – that is, Towns under 5000 population. The grants may be restricted to Towns with a lower median income level than Mount Holly. The usefulness of the loan program will depend on the interest rate. Annette volunteered to get more information.

The Planning Commission discussed the need to have a set procedure for the filing of its decisions arising from subdivision hearings. The statutory procedure is for the Commission to go into deliberative session at the end of a Hearing. The decision is issued in writing – is sent to the

#### Mount Holly Wins \$10,000 Award For:

#### "Most Home Energy Improvements Completed Per Capita"

In NeighborWorks of Western Vermont's  
Rutland County Town Energy Competition!

#### Energy saving statistics for the 32 completed homes in Mount Holly:

- These homes combined are **saving 13,550 gallons** of fuel **per year**
- At \$3.80/gal of fuel= **\$51,490 per year** on fuel costs **saved**
- 8,616 kWh per year (or at \$.14/kWh= **\$1,206**) **saved**
- 110,377 lbs. of carbon dioxide **saved**

**The Town Office had energy efficiency improvements completed with the \$10,000 prize**



**Air Leakage was reduced by 36.6%.**

The town office is **saving** an estimated **\$1,171.81 annually** because of work that was done. Work includes air sealing and insulating the attic and basement.

**In the near future** a programmable thermostat for the evening will be installed so more savings will be added to the above estimated annual savings figure. Also additional work may be done in the future.

**NeighborWorks®**  
OF WESTERN VERMONT



parties and other persons involved in the Hearing and becomes part of the "Town records". The question is where the decision should be filed. The mylar is filed by the Town Clerk as part of the Town's land records. The written decision could be filed in the Planning Commission's office – Paul Nevin could donate a fire-resistant file to the Planning Commission for the purpose. It was decided to check with the Regional Planning Commission for additional direction or suggestions which will be reviewed at the next meeting (especially as the Commission is planning some electronic record system that might back up the paper files.)

Annette distributed a list of the reference materials for meetings.- electronic copies will be sent to all commissioners.

The commissioners voted unanimously to move meetings from Mondays to Wednesdays: Regular meetings will move to the 3<sup>rd</sup> Wed. at 7:30pm; Working Group will meet on the second Wednesday at 7:30PM (a change from the past time of 7:00 pm)

The Planning Commission Budget was submitted to the Town by Annette with changes made by Paul to accommodate the extra public meetings for the update of the Town Plan.

Dennis submitted the Planning Commission's annual report for inclusion in the Town Report.

The Planning Commission still has to meet with the lawyers of the Vermont League of Cities and Towns to discuss their recommendations regarding the draft of the revised Subdivision Regulations and their recommendations re the establishment of a Developmental Review Board. Annette will work through the staff at the Rutland Regional Planning Commission

The Vermont Department of Taxes has required that Town tax-exempt properties be appraised. The appraised value of Town properties was distributed: *Mount Holly Fire Station* \$28,000; *Fire Station Belmont* \$86,500; *Rescue* \$35,000; *Mt Holly Elementary School* \$1,400,000; *Star Lake Isle* \$1,000; *Playground* \$40,000; *Town Garage* \$54,500; *Town Hall/Library* \$255,000; *Town Office* \$95,000; *Town Well* \$25,000; *Transfer Station* \$60,500

There was no report from the Working Group as the Jan 14 meeting was cancelled due to illness of many members.

New Business: Two new building registrations: Wayne Jones and Richard and Betty Hurd; a septic system permit was received from Mark Solazzo for a property at the corner of Belmont Road and Teer Road; PUC permit for Green Mountain Power work on transmission lines near Russellville Road and Lord Road; copies of Okemo Mountain's Act 250 application for a new development on Trailside road in Ludlow led to some discussion of possible impact on traffic flow (or non-flow) on Route 103 – the district commission is waiting for additional traffic control information from Okemo.

Meeting adjourned at 8:12 Next meeting on Wednesday, February 20, at 7:30 pm  
Respectfully submitted by Paul Nevin and Annette Lynch

**WORKING GROUP of the Planning Commission has changed its meeting day and time to the second Wednesday of the month, at 7:30 p.m. at the Town Office. The Working Group includes everyone who attends a meeting.** The last meeting was cancelled due to illness The next meeting of the Working Group is Wednesday February 13 at 7:30 pm. in the Town Office.  
Annette Lynch

Why should you make your house more energy efficient *this* year?

With The Cost Of Oil Around \$3.80 And The Cost Of All Fuel Rising,  
Can You Afford To Wait To Insulate Your Home?

**The average Rutland County homeowner will save an estimated average of \$1,400 per year on home and utility costs based on current oil prices, if they do home energy improvements.**

Sign up now for a home energy check-up like many of your friends and neighbors. If you decide to have a home check-up, you will receive a very detailed report for each section of your home that gives the following information:

Observations of energy loss ~ Recommendations ~ Costs ~ annual energy savings  
Incentives paid by Efficiency Vermont which lowers your cost

**Once you have received your report, an Energy Advocate, an unbiased third expert,** will follow up with you on the phone or in person to answer questions about the report and help you prioritize the recommendations based **on your need and your budget.** With this information, **you** decide what work you want to do. Once work is complete, the energy expert comes out to *test-out* your home.

If you would like to schedule a home energy check-up call **802-438-2303 ext 227** or visit [www.heatsquad.org](http://www.heatsquad.org) . If you have any questions about this program or would like a brochure or more information, please feel free to contact NeighborWorks at 438-2303.

#### **NEW! ...State-Wide Weatherization Contest**

Two years ago, NeighborWorks instituted a contest among the towns in Rutland County. The town who achieved the highest number of weatherization projects per capita won \$10,000 – and Mount Holly was the winner. Efficiency Vermont has now used this model and has launched a *state-wide challenge* of weatherizing **3% of the homes** within each community in **the one-year period.** Vermont is divided into six regions; Mount Holly is in the Rutland/Bennington Counties region.

NeighborWorks subsidizes the audit fee, we connect homeowners with contractors, and we can also put together low-cost financing. Efficiency Vermont offers rebates up to \$2,000 on each project. The Challenge will help Vermont reach its statewide goal of 25% energy savings in 80,000 homes by the year 2020. If you would like to talk to someone whose house was weatherized last year, please call Marcy at 259-2344.

**Mount Holly can win again!**





## Lt. Governor Phil Scott to Kick Off RRCC/REDC

### Legislative Breakfast Series

Rutland - Vermont Lt. Governor Phil Scott will be the featured speaker at the Rutland Region Chamber of Commerce and Rutland Economic Development Corporation Legislative Breakfast sponsored by TD Bank on Monday, February 4th, 7:30 A.M. at the South Station Restaurant in Rutland. The Breakfast is open to the public. The cost of the event is only \$10 per person and includes a breakfast buffet. RSVP is required. Call 802-773-2747 or e-mail [chamber@rutlandvermont.com](mailto:chamber@rutlandvermont.com) to reserve your seat.

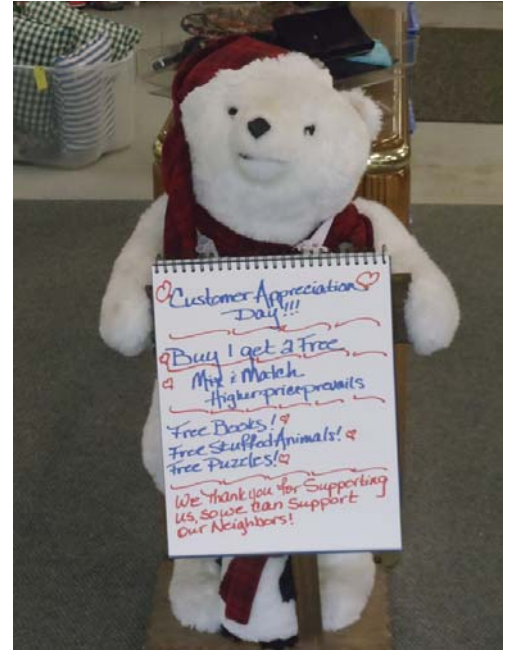
For more information go to [www.rutlandvermont.com](http://www.rutlandvermont.com) or call Penny J. Inglee at 802-773-2747.

### Good Neighbors Holds Customer Appreciation Day

Black River Good Neighbor Services (BRGNS) recently held its "Customer Appreciation Day" to thank all those who have assisted BRGNS in providing aid to its clients.



In addition to offering a splendid display of foods to nibble on, Good Neighbors also conducted a raffle which was won by Lulla Belle Terrill. The event featured, among other things, free books, puzzles, and stuffed animals. According to Audrey Bridge, BRGNS Director, the event was a huge success. "We really are grateful to all of our customers who enable us to help others," she noted. BRGNS services the towns of Cavendish, Proctorsville, Ludlow, Plymouth, and Mt Holly.



### Historian to Speak on World War II's Home Front

Historian Paul Andriscin will present a World War II-related program at The Gables at East Mountain in Rutland, Vermont on Monday, January 28, 2012 from 7 to 8:30 p.m. His presentation will focus on the neutrality of the United States prior to Pearl Harbor and the efforts on the home front that helped our nation win the war. The presentation will be followed by a group discussion.

Paul is a history professor at Castleton State College and The College of St. Joseph. He holds a master's degree from Vermont College of Norwich University and since 1998 has served as a site interpreter at Mt. Independence Vermont State Historic Site.

The lecture is free and open to the public. As space is limited, please contact Randi Cohn at 770.5275 or [rcohn@thegablesvt.com](mailto:rcohn@thegablesvt.com) to reserve a seat. The Gables, an independent living retirement community, is located at 1 Gables Place, off of Gleason Road, in Rutland.

### RRCC Business Show – Don't Miss Out

#### Sign Up to Exhibit Now!

The Rutland Region Chamber of Commerce announced that the RRCC Business Show sponsored by Rutland Regional Medical Center will take place on Tuesday, March 12, 2013 at the Holiday Inn in Rutland; from 4-7:30pm.

The Chamber indicated that exhibitor space is filling up fast so businesses and organizations are encouraged to sign up now to exhibit before space is gone. Last year space was sold out with 95 exhibitors participating and over 600 people attending in three and a half hours. "That is 172 people in front of your booth every hour!" says Tom Donahue, Executive Vice President of the Rutland Region Chamber of Commerce.



"The Chamber continues to keep exhibitor costs low with spaces from \$190-\$385 for the show." Says Donahue. The show always features a diverse group of Chamber members and non-members exhibiting everything from home services and products, automobiles, health care, restaurants, retailers and much more.

Admission to the show is still only \$3 per person and door prizes will be drawn every half hour.

For additional information or an exhibitor form go to [www.rutlandvermont.com](http://www.rutlandvermont.com) or call the Chamber 802-773-2747.



## **USDA Highlights 2012 Investments to Build Stronger Rural Communities**

*Rural Development Invests more than \$30 billion to strengthen rural America;*

*\$136.8 Million invested in rural communities throughout Vermont*

Agriculture Secretary Tom Vilsack today issued a report highlighting USDA Rural Development's fiscal year (FY) 2012 investments in job creation, businesses, infrastructure and housing for Americans living in rural communities across the nation.

"President Obama's plan for rural America has brought about historic investment in rural communities that have made them stronger," Vilsack

**Committed to the future of rural communities.**

said. "Thanks to our loan, grant and technical assistance programs, USDA Rural Development is helping residents and rural enterprises thrive, and we are laying a strong foundation for rural America's future."

In Vermont, \$136.8 Million was invested to support 1) homeownership and safe and affordable rental housing; 2) guaranteed loans for businesses that saved and created jobs; 3) energy efficiency and production of renewable energy; 4) the renovation and construction of community facilities and emergency services; and 5) the construction and upgrade of water and wastewater systems, telecommunication and broadband services.

"The Vermont Rural Development team, located in Montpelier, Brattleboro and St. Johnsbury, has gone to extraordinary lengths to ensure that the Vermont investment fostered meaningful growth and opportunity for our rural communities and their citizens," according to State Director, Molly Lambert. "The strong partnership between the Administration and Vermont's Congressional delegation accounted for very significant and strategic investments throughout the state," she continued.

In 2012, nearly \$6.4 million was invested to improve or construct water and wastewater systems. \$5.8 million in funds assisted Vermont communities in renovating or constructing town halls, schools, libraries, health care facilities and child care centers.

The guaranteed business loans and energy grant/loan monies totaled \$3.8 million, supporting and preserving jobs throughout the state.

Rural Development is also the lead federal agency ensuring that rural families have access to safe, well-built, affordable homes. This year, the USDA RD housing investment in Vermont was \$120.6 million. This included a sizeable portion of guaranteed loans for individuals and very important rental assistance that guarantees an affordable rent for clients who meet the threshold income requirements.

For additional information on Rural Development projects throughout the country, please visit Rural Development's new interactive web map featuring program funding and success stories for the past four fiscal years. The data can be found at: <http://www.rurdev.usda.gov/RDSuccessStories.html>.

President Obama's plan for rural America has brought about historic investment and resulted in stronger rural communities. Under the President's leadership, these investments in housing, community facilities, businesses and infrastructure have empowered rural America to continue leading the way – strengthening America's economy, small towns and rural communities. USDA's investments in rural communities support the rural way of life that stands as the backbone of our American values. President Obama and Agriculture Secretary Tom Vilsack are committed to a smarter use of Federal resources to foster sustainable economic prosperity and ensure the government is a strong partner for businesses, entrepreneurs and working families in rural communities.

USDA, through its Rural Development mission area, has an active portfolio of more than \$176 billion in loans and loan guarantees. These programs are designed to improve the economic stability of rural communities, businesses, residents, farmers and ranchers and improve the quality of life in rural America.

### **BRGNS Assures Donors: Your Dollars Go To Charity**

Black River Good Neighbor Services wants to assure all of our donors that all of the money donated to us goes to our charitable operations; none of the money that you donate goes to outside, paid-fundraisers. BRGNS's record stands in stark contrast to much charitable fund raising in Vermont. On December 11, 2012, the Vermont Attorney General's Office reported data for two years provided by paid-fundraisers detailing what percentage of charitable donations they retained and what portion the charity using their services ultimately received. The report showed that about two thirds of the money collected in this fashion in Vermont never made it to the charities involved.

BRGNS does not employ paid-fundraisers – all of our efforts are conceived and executed by our employees and volunteers. We solicit funds via mailings, press releases, and dinners. Our volunteers and volunteer board of directors provide almost all of the effort required to accomplish our fundraising goals. The only exception is a portion of our paid executive director's time.

We also sell donated merchandise – clothing, household items, furniture, toys, etc. The funds raised from the sale of this merchandise first pay the expenses of our store and the salaries of our small staff, and the excess goes to our food and assistance programs. We do receive funding from some grants and from the several towns that we serve, but we receive nothing from the state or federal government. We thank all of you who have supported us through the years and are extremely grateful to our communities.

## **RAFFL Seeks Landowners and Farmers**

The Rutland Area Farm and Food Link (RAFFL) is recruiting private landowners interested in making their land available to farmers for agricultural production and farmers seeking land to farm. In partnership with Land For Good, a non-profit serving New England based in Keene, NH, the organizations will provide one-on-one advising services to eligible landowners and farmers.

The goal of the partnership is to connect landowners seeking to landowners with farmers seeking land, helping alleviate one of the primary barriers faced by beginning farmers and helping to maintain Vermont's working landscape and farming culture.

If you are a landowner interested in learning more about leasing land to farmers, or if you are a farmer seeking land to lease, please contact Garland Mason by emailing [garland@rutlandfarmandfood.org](mailto:garland@rutlandfarmandfood.org) or by calling [802-417-1528](tel:802-417-1528).

## **The Lost Marbles Are On A Roll Again!**

We hope you got to experience the challenging and unpredictable adventure of "COMEDY IMPROV" presented by the Marble Valley Players' "Lost Marbles" last January. It was so successful that we plan to do it again this year!

Gary Thompson will host this dinner/theater show which is loosely based on the popular TV show "Whose Line Is It Anyway?" The show will consist of a panel of six veteran performers who create characters, scenes and songs on the spot. Topics for the improvisations will be based on either audience suggestions or prompts from the host. The performers this year will include Justin Enzor, Thomas Hartigan, Michael Kingsbury, Carol Ann Martin, Gena Wener, and Beth Wolven.

Bring your ideas AND your appetites since your ticket includes the South Station's famous, full buffet dinner complete with hand-carved turkey and beef and sumptuous dessert trays.

Performances will be held on Friday Jan. 18th and Saturday, Jan. 19th (gathering 5:30 PM, dinner 6:00 PM, show 7:30 PM) at the South Station Restaurant, Trolley Square, 170 South Main St., Rutland. Tickets are \$35. Pre-payment and reservations are recommended as seating is limited. Please call Bobbie Torstenson for reservations and additional information at 247-6778.

## **PEGTV Rutland expands with addition to headquarters**

PEGTV broke ground for a new 1,500 square foot addition to its headquarters in building #24 at the Howe Center. The

addition will provide for new office space, storage and a garage for the PEGTV van. PEGTV signed a new 10-year lease on the soon-to-be expanded facility. The Giancola family, owners of the complex, is facilitating construction. Upon completion of construction, scheduled for spring 2013, PEGTV will invite the public to an open house.

"The terms of this lease assures that Rutland County's information stations can continue to grow and serve Rutland County for many years to come," says PEGTV's Board President, Carl Anderson.

PEGTV is comprised of Channels 15 (public programming), 20 (education programming) and 21 (government programming) and is available to all cable subscribers throughout Rutland County. Streaming programming, video on demand services and hyper-local weather forecasts are also available online at [www.pegtv.com](http://www.pegtv.com). For more information, contact PEGTV at (802) 747-0151.

*Joe and Peter Giancola stand next to PEGTV building committee members Tom Pour, President Carl Anderson, Tom Hurcomb and*

*PEGTV Executive Director Mike Valentine as they get ready to break ground on a new addition to their Rutland headquarters located in the Howe Center. PEGTV recently signed a new 10-year lease with the Giancola family, owners of the complex.*

## **BRGNS THANKS SHAW'S MARKET AS A KEY PARTNER**

Black River Good Neighbor Services applauds and thanks Shaw's Market in Ludlow for making BRGNS the beneficiary this holiday season of Shaw's Spirit of Giving 2012 Food Drive. The store pre-packaged several different sized food bags, which sold for \$5, \$10, or \$15. The smallest size provided a full meal plus to an individual, while the largest bag could feed up to eight people.

The campaign began just before Thanksgiving and continued right through the holidays. Audrey Bridge, Executive Director at BRGNS said, "We have always enjoyed fabulous support from Shaw's and are very excited about the impact their current campaign will have on our clients who have to choose between food and heat as their cost of living increases. This just goes to show that even in these tough times Shaw's is looking out for their neighbors in new and creative ways."

BRGNS and Shaw's also collaborated on the annual Stuff-a-Bus on December 1<sup>st</sup> when hundreds of pounds of food were collected in the Shaw's parking lot. For that effort the town helped by providing a bus and driver, and the high school helped by providing student volunteers to sort and box the donations. "It's truly a community effort," said Jean Eggleston, a member of the BRGNS Board of Directors and the coordinator of the Stuff-a-Bus. "We can count on all sectors of the community to help – from the students to the businesses to the donors. Shaw's is a key partner in our efforts."

Black River Good Neighbor Services provides food and financial assistance to people in need in Ludlow, Cavendish, Mount Holly and Plymouth. For information on how to volunteer, please contact Audrey Bridge at 802-228-3663.

## Seeds Worth Sowing ...

### Flower, Vegetable and Herb seeds will be sold to support local agriculture!

A group of local homeschoolers, with the support of parents, Martha Sirjane and Licia Gambino Hamilton, are selling seeds purchased from the FEDCO Seed Cooperative in Maine. Fedco was founded in 1978 and has been growing steadily ever since. Fedco seeds are never treated and they do not knowingly sell genetically modified seeds. A few years back they began offering an alternative to the more traditional items sold as fundraisers. Last year, more than 75 groups used this idea as a way of raising money. Some of you may have purchased seeds directly through the Mt. Holly Afterschool program a few years ago, or picked up a packet at Pierce's Store when the afterschool program conducted a seed sale. This year, with the help of some tech savvy kids, we aim to make it easier for you, more streamlined for us, and hopefully raise even more money.

Funds raised will be donated to the **VERMONT FARMERS FOOD CENTER** in Rutland. The Farmers Food Center opened on the 3<sup>rd</sup> of November in the old Mintzer Brothers warehouse on West Street as the new home of the Winter Farmers Market that formerly operated out of the back of the Rutland Food Coop. They are still in need of funds and are hoping to see a commercial kitchen in place in the future.

Order forms are available online at [www.seedsworthsowing.webs.com](http://www.seedsworthsowing.webs.com). You may also pick them up locally at the Belmont Library, Pierce's Store, the Shrewsbury Library, or the Rutland Winter Farmers Market. For more information you can contact us at [Seedsworthsowing@gmail.com](mailto:Seedsworthsowing@gmail.com) or call 492-3377 (Sirjane Family).

**ORDERS ARE DUE BY MARCH 1<sup>ST</sup>, 2013.**

#### How will you get your seeds?

**Option 1:** Pick up your seeds at the following locations: Rutland Winter Farmers Market- Saturday, March 16, and April 6, 10am-2pm; Pierce's Store-Thursday, March 21, 3pm-6pm; Belmont Library- Sunday, March 24, 2pm-4pm

**Option 2:** We will mail your seeds in March for an additional fee: \$1.95 to \$15 = \$3.95 shipping fee; \$16 & up = \$5.95 shipping fee Thank you! Silas Hamilton, Avery and Seamus Martin, Emmett and Cedelle Sirjane, and Manolo Zelkin.

### *"My Week With Marilyn" Next FOLA Movie Jan. 26*



Arthur Miller leaves England, the coast is clear for Colin to introduce Marilyn to some of the pleasures of British life; an idyllic week in which he escorted a Monroe desperate to get away from her retinue of Hollywood hangers-on and the pressures of work.

The all-star cast includes Michelle Williams, Kenneth Branagh, Eddie Redmayne, Dominic Cooper, and Judi Dench; the movie was directed by: Simon Curtis.

The movie is free and open to everyone; donations are appreciated. For information, [www.fola.us](http://www.fola.us) and [802-228-7239](tel:802-228-7239).

### THE MENTORING PROGRAM NEEDS YOUR WINE CORKS!!

The mentoring program at the Mount Holly Elementary School is going to be doing projects with wine corks. If you've been collecting wine corks (real ones – not plastic ones!) and don't know what to do with them – here's a great place to donate them!!

Or start collecting them now and bring up anything you collect over the next two weeks.

**WHERE: BRING CORKS TO THE OFFICE AT THE MOUNT HOLLY ELEMENTARY SCHOOL**

**DEADLINE: MONDAY, FEBRUARY 4**

**MORE INFORMATION: Janet Warren 259-2007 or [janetwarren72@hotmail.com](mailto:janetwarren72@hotmail.com)**

Many thanks in advance for your donations!

## Rip Jackson Presents History of Music Series

Rip Jackson, Minister of Music at Grace Congregational Church, will present a two-part series "The History of Western Music in Performance," at The Gables at East Mountain, in Rutland, Vermont on Wednesday, February 6 and Wednesday, February 13, 2012 from 1:30 to 3 p.m.

Rip will discuss the styles and historical performance practices of the various musical periods and demonstrate with examples played on the harpsichord and piano and through singing. The first Wednesday will focus on the ancient music of Europe from the mystical 8th century Gregorian chant through the mid-18th century magnificent late Baroque works of Bach and Handel. The second Wednesday will feature music from 1750 through the modern era and begin with Mozart and Beethoven's grand works and end with the innovative 20th century composers such as Stravinsky, Prokofiev and Leonard Bernstein. Each lecture will end with a question and answer period.

Rip, an accomplished singer, composer, conductor, director and keyboardist, specializes in baroque repertoire and performance practice. He studied music history, piano, harpsichord and organ at Florida State University, received his master's degree from Emory University and completed doctoral work at Case Western Reserve University. He is currently the director of the Rutland Area Chorus and Orchestra, teaches voice, piano and organ, and directs local Broadway productions.

The lectures are free and open to the public. As space is limited, please contact Randi Cohn at 770.5275 or [rcohn@thegablesvt.com](mailto:rcohn@thegablesvt.com) to reserve a seat. The Gables, an independent living retirement community, is located at 1 Gables Place, off of Gleason Road, in Rutland.

## OKEMO'S GENEROSITY HELPS FEED HUNDREDS

In a spectacularly successful promotion, Okemo Mountain Resort collected thousands of pounds of food for the Black River Good Neighbor Services' food shelf and for the Holiday Basket Program. On Saturday, December 15th, skiers who brought items of non-perishable food, or a children's toy, skied at a deeply discounted rate. Hundreds of skiers took advantage of the generous offer.

"So many families will benefit from this tremendous show of support that it's almost impossible to express our overwhelming gratitude to Okemo and the generous folks who took part in the day's donation and activities" said Audrey Bridge, Executive Director of BRGNS's Food Shelf and Thrift Shop. Pete LaBelle, President of the Board of Directors, said "the Okemo employees who worked so hard collecting, sorting and loading the food also deserve our grateful acknowledgement for their important role in the success of this endeavor, and special thanks to Okemo Mountain Resort owners Diane and Tim Mueller without whose support none of this could have happened". LaBelle also acknowledged that the timing could not have been better since BRGNS starts its Holiday Basket Program at the beginning of December and needs extra food for that distribution.

In addition to collecting food from skiers, Okemo went one step farther. To fill the holiday baskets that BRGNS distributed, Okemo donated 100 frozen turkeys. Lee Potter, who directed BRGNS' Holiday Basket Program said, "We couldn't do it without them. Okemo is a true partner of ours."

BRGNS also acknowledges the generosity of the skiers who participated. Many brought more items than they needed and some donated cash too. The wider community can always be counted on here in Vermont to help those who need it most. Black River Good Neighbor Services provides food and limited financial assistance to qualified individuals and families in Ludlow, Cavendish, Mount Holly and Plymouth. It also operates a thrift store at 37B Main Street in Ludlow to defray many of the costs of running the food shelf programs. For information or to volunteer your services, please call Audrey Bridge at 802-228-3663.

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**Only 15 minutes from downtown Rutland, and worth the drive!**

### It's Zumba time again!

Wednesday's at 5:30pm at the Mount Holly School Gym. Join licensed Zumba Instructor Brigid Faenza for a latin inspired, easy to follow, calorie burning, dance-fitness party. Beginners are welcome. Bring a friend and a water bottle. \$45.00 for a six session punch card or \$10.00 for walk-ins. For more information call Brigid at 259-4100 or email [bakerbrigid@vermontel.net](mailto:bakerbrigid@vermontel.net)

### Thrive Center Sponsors "A Winter ~ Spring ~ Sunday Sampler: Yoga Workshops & Classes"

Experience the joy of restoring movement to all areas of your body while learning how to unravel the restrictions produced from daily life; with eight different yoga instructors, on the following Sundays: 1/27, 2/3, 2/10, 2/17, 3/3, 3/10, 3/17, and 3/23 (being a Saturday, instead). The workshops and

classes of "The Sampler" are open to those who are new to yoga, as well as, those who are looking to grow an experienced practice.

The time for each session is 12:00 PM - 2:00 PM (unless otherwise noted), and will be held at the Wallingford Elementary School Gymnasium, 126 School Street / Route 140 East, Wallingford. The investment (Fee) is variable, ranging from: \$20.00 per workshop and \$10.00 per class. For further detailed information and to register call 802-446-2499 or email: [uthrive@vermontel.net](mailto:uthrive@vermontel.net), today! Dress WARMLY for movement; bring a mat, blanket, and water. A portion of the proceeds will directly benefit the: Wallingford Elementary School, as well as, other charities to be named, on each date.

The instructor faculty include: BD Dworkin, M. Ed, RYT (1/27); Stephanie Jones, RYT (2/3); Leslie Silver, RYT (2/10); Bess Lewis, RYT (2/17); {No CClasses - 2/24}; Tiffany Sanborn, RYT (3/3); Jessica Lucas, RYT (3/10); Darci Whitehorne, PT, RYT (3/17) & concluding with Jennifer Coleman, RYT on (SATURDAY 3/23).

\*Payments can be brought day of, dropped off, or mailed to: Thrive Center, c/o: Lisa Donohue, 68 South Main Street, P.O. Box 539, Wallingford, VT 05773 ~ (with checks payable directly to each instructor.) [Please denote the date(s) you are registering for. Refundability on checks paid, will be the discretion of the instructor.]

\* RE: inclement weather potentials ~ If you do not hear from us directly ~ the workshop or class is still being held!

Lisa M. Donohue, MA, LMT, Co-Owner, Thrive Center of the Green Mountains, p) 802-446-2499, (e) [wellbevond@vermontel.net](mailto:wellbevond@vermontel.net)

## **Influenza Update & Antiviral Recommendations**

**From: Bradley J Tompkins, Infectious Disease Epidemiologist**

### **– Please Distribute Widely –**

Influenza is currently widespread in Vermont and cases of influenza-like illness (ILI) are higher than in recent years. Last week sentinel influenza practices in Vermont reported that 7 percent of their visits were due to patients with ILI, a measure that typically peaks between 3 percent and 4 percent in non-pandemic years. Emergency room visits due to respiratory illnesses are also currently above average. Hospitals contributing to the Health Department's syndromic surveillance program reported that 18 percent of all emergency room visits were due to respiratory illness last week – 12 percent of visits is typical for this time of year.

This period of elevated flu activity has also started earlier than usual. When influenza activity will peak is unknown, but flu season typically lasts until the spring.

Administration of antiviral medication soon after the onset of influenza symptoms continues to be of both clinical and public health benefit. Evidence suggests that early antiviral treatment may:

- Shorten the duration of fever and illness symptoms
- Reduce the risk of complications and death
- Shorten the duration of hospitalization

### **Advice For Clinicians**

Treatment with antiviral medications is recommended for patients with suspected or confirmed influenza. The clinical benefit of these medications is greatest when they are administered as soon as possible after symptom onset (ideally within 48 hours).

**It is therefore not recommended that you wait for confirmatory lab results before beginning treatment.**

Antiviral treatment initiated 48 hours or later after symptom onset may still benefit those patients with severe, complicated or progressive illness or those who are hospitalized. Antiviral treatment is recommended as early as possible for any patient with suspected or confirmed influenza who:

**Is hospitalized**

**Has severe, complicated or progressive illness**

**Is at higher risk for influenza complications, such as:**

- Children 2 years of age or younger\*
- Adults 65 years or older
- People with chronic pulmonary, cardiovascular, renal, hepatic, hematological, metabolic, neurologic conditions or those who are morbidly obese
- People who are immunosuppressed
- Anyone younger than 19 years who are receiving long-term aspirin therapy
- Women who are pregnant or two weeks or less postpartum
- Residents of long-term care facilities or other chronic care facilities

Based on clinical judgment, antiviral treatment can also be considered for those previously healthy patients who present with influenza-like symptoms, if treatment can be started within 48 hours of illness onset.

Influenza vaccination is still the best way to prevent the flu. However, a recent history of influenza vaccination does not rule out the possibility of influenza infection in symptomatic patients.

**For more information on antiviral treatment:**

<http://www.cdc.gov/flu/professionals/antivirals/index.htm>

**For more information on guidelines for the prevention and treatment of influenza in long-term care facilities:**

<http://www.healthvermont.gov/prevent/flu/documents/2012guidelinesLTCF.pdf>

\*On December 21, 2012, the U.S. Food and Drug Administration (FDA) approved the antiviral medication oseltamivir (trade name Tamiflu®) for the treatment of influenza in people aged 2 weeks and older.

**FDA press release:** <http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm333205.htm>



## **Rutland Area Visiting Nurse Association & Hospice Blood Pressure & Foot Care Clinics**

The Rutland Area Visiting Nurse Association & Hospice is offering the following Blood Pressure and Foot Care Clinics. There is a suggested donation of \$2 for blood pressure and \$5 for foot care. For more information please call 775-0568.

- Wednesday, Feb. 6, 10:30 a.m., Wallingford House, Wallingford
- Thursday, Feb. 7, 10:00 a.m., Parker House, Rutland
- Thursday, Feb. 7, 12:30 p.m., Bardwell House, Rutland
- Wednesday, Feb. 27, 12:30 p.m. Godnick Center, Rutland

### **GOT CHOLESTEROL?**

The Rutland Area Visiting Nurse Association & Hospice (RAVNAH) is offering a comprehensive cardiovascular/cholesterol health risk screening, including total lipid profile and blood glucose at the RAVNAH office on 7 Albert Cree Drive, in Rutland on Wednesday, February 6, beginning at 8:30 a.m. Please call (802) 775-0568 in advance for an appointment.

The total lipid profile is a group of tests to determine risk of coronary heart disease. The blood glucose test screens for diabetes. The complete lipid profile requires 8 – 12 hour fast prior to the test to ensure accurate results. The cost for a complete lipid profile and glucose is \$30.

## LOVE Mt. Holly Winter!



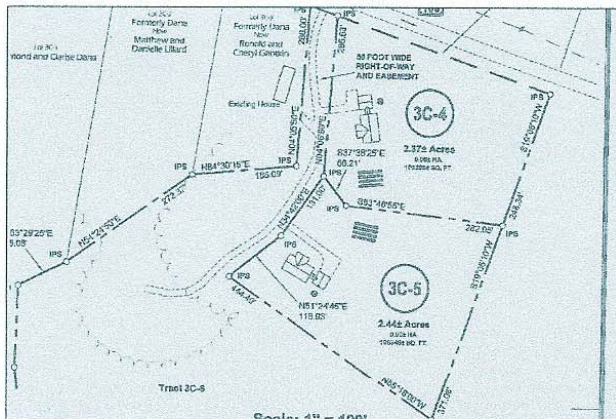
**Belmont Village:** Your winter view from the deck! Three bedrooms, hardwood floors and natural wood throughout - even a one car attached garage. Walk to the Village of Belmont, Star Lake and the Library. Great Elementary School approx. 2 miles away. Minutes to Okemo, Weston and Rutland.

\$209,000



**Belmont Country Setting:** New home for all seasons! The setting makes a quiet respite from anything the world has to dish out. The driveway is just long enough to have a total sense of privacy, yet you will be a walking distance to the Village of Belmont and Star Lake. 3 bedrooms, 3 baths, 21+ acres, fireplace, generator.

\$342,800



**Mt. Holly Route 155:** Two lots - Each one is permitted with inground septic designs for 4 bedrooms. Each lot is just over 2 acres. Come and choose the one that works best for you. Close to Weston and 15 minutes to Okemo. VAST snowmobile trail is close and they are located just South of Belmont village.

\$49,900 each



**Belmont Country Road:** Three bedroom Log Home open 10+ acres with cathedral ceilings, open living area, deck overlooking a private back yard with great view potential; surrounded by lovely stone walls; easy snowmobile access; walking distance to the Village of Belmont, 15 minute drive to Okemo.

\$249,900

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# Who's Got It Locally?

## **Appliance Service**

Green Mountain Appliance Service – Gary Van Akin 259-6012

## **Artists & Architects**

McKeegan Stenciling & Faux Finishes 259-3333  
Photography Gallery, Alex McCallum 259-2318  
Spectrum Photography 259-3060  
Stephanie Stouffer, Studio & Gallery 259-2686  
Tracy Rogers Architecture & Design - Architecture & Interiors 282-4858

## **Bakeries - Catering - Restaurants - Stores**

Belmont General Store 259-2292  
Big Eyes Bakery-Irish Soda Bread, Tea Cakes, Pies 259-7005  
Crowley Cheese, LLC 259-2340  
Squeels on Wheels, Wood Roasted BBQ, Take Out 228-8934

## **Bed & Breakfast**

Hounds Folly [www.houndsfolly.com](http://www.houndsfolly.com) 259-2718  
Clifford Country Bed & Breakfast [www.cliffordcountry.com](http://www.cliffordcountry.com) 259-2269

## **Building & Repairs – General Work**

Arthur DeArruda, Inc. Custom Carpentry & Renovation 274-0289  
AW Carpentry-Remodeling\*Building\*Portable Sawmilling 259-3699  
Bob Campbell- Home Improvements 259-2136 [bob4u@aol.com](mailto:bob4u@aol.com) 353-1489  
Bolalek Construction & Design, [andrzejbolalekconstruction.com](http://andrzejbolalekconstruction.com) 259-7075  
Cutting Edge Carpentry & Paint Works-Curt Marechaux 259-2900  
Earl Runner Carpentry (Tertius) 492-3388  
G & H Masonry-Jay Goraj [ghmasonryvermont@yahoo.com](mailto:ghmasonryvermont@yahoo.com) 259-2625  
Grey Goose Chimney Sweeps, Window Washing 492-3549  
Master Plumbing & Heating Inc. [masterph@vermontel.net](mailto:masterph@vermontel.net) 492-3657  
RDS Contraction-General Contractor New/Remodeling 259-3989  
[rdscn@live.com](mailto:rdscn@live.com) Bob Swartz Cell 353-7802  
Rick Lee Builder, Free Estimates Building & Renovations 259-3936  
[rickleebuilder@yahoo.com](mailto:rickleebuilder@yahoo.com)

Ted Stryhas Builder 228-7327  
Wright Construction – Brett Wright 259-2094

## **Communication – Computer Repair & Entertainment**

Comcast-Rudy Hawes [Rudy\\_Hawes@comcast.com](mailto:Rudy_Hawes@comcast.com) 802-353-2012  
Film/Video Production & DJ Services David Guerrero 345-6905 259-2136  
Griff's Computer Repair & Consultant 259-2688

## **Engineering**

Krueger Engineering- Arthur G. Krueger, P.E. 492-3653

## **Equipment For Hire & Snow Moving**

Beardmore Excavating [beardmoreexc@vermontel.net](mailto:beardmoreexc@vermontel.net) 342-3507  
Bolalek Construction & Design [bolalek.co@gmail.com](mailto:bolalek.co@gmail.com) 259-2955  
Devereux Earth & Snow Moving 259-2809  
Garrow, C. Earth & Snow Moving 259-2867  
Martin Services – General Excavation [tmartin82@aol.com](mailto:tmartin82@aol.com) 259-3444  
Norton's Property Management – Logging\*Land Clearing\*Snowplowing  
\*Brush Hogging\*Mowing & Care Taking 802-353-6289 Cell 259-3108  
Russ Garrow –Lawn Mowing\*Brush Hogging\*Garden Tilling\*Snow Plowing  
\*Care Taking [greenerpastures@vermontel.net](mailto:greenerpastures@vermontel.net) 259-3167

## **Farm Fresh Products**

Padema Blueberry Farm 259-2132  
Plew Farm – Kevin & Pattie Plew 259-2250  
Smith Maple Crest Farm- Grass Fed Beef Cuts-Fresh Frozen 492-2151  
[www.Smithmaplecrestfarm.com](http://www.Smithmaplecrestfarm.com)

## **Funeral Homes**

Clifford Funeral Home 773-3010

## **Garage, Repair & Wrecking**

Belmont Motor Works Harley-Davidson, ATVs, Small Engine  
Sleds, Welding & Metal Fab [gurgin67@gmail.com](mailto:gurgin67@gmail.com) 259-3178  
Joe's Garage – Small Engine Repair 259-2688  
Miller's Garage – Cold River Rd. Rutland 775-6852  
Turco's YAMAHA Service & Sales [www.turcosyamaha.com](http://www.turcosyamaha.com) 773-8650

## **Garden & Landscape, Lawn Mowing**

Belmont Gardens Quality Custom Stonework 259-2364  
Kevin Smith, Garden Service & Lawn Mowing 259-3964  
Frost Hill Farm, Peony Nursery, Fresh Cut & Dried Peonies 259-2716  
P.J. Bushey Landscape & Garden Ctr. [www.busheyland.com](http://www.busheyland.com) 259-2542  
Salt Ash Nursery, Scott Crawford 259-2146  
Traveling Hoe Gardening [www.thetravelinghoe.com](http://www.thetravelinghoe.com) 259-3345

## **Guns & Ammo**

Seiple's Shoot Shop [www.sssvt.com](http://www.sssvt.com) 236-8104

## **Hair Cuts**

Cuttings In The Ville – Lisa Sharrow 492-3360

## **Health Care Providers**

Belmont Body & Soul Shop-Massage/Body work & Unique Gifts 259-2131  
Robin Nelson LMT [www.thebelmontbodyandsoulshop.com](http://www.thebelmontbodyandsoulshop.com) 259-2131  
Dr. Joseph P. Donohue – Chiropractic Care, Thrive Center 446-2499  
Massage Therapy/Bodywork, Thrive Center of Green Mtns 446-2499  
Lisa Donohue MA, LMT/Paul Colletti MT/Linda O'Brien MT 446-2499

## **Home Management Services**

Belmont Gardens Property Management 259-2364  
Country Home Management, Richardson/Rivers 259-3662 228-7086  
Yankee Home Management, Keith Hawkins 259-3064

## **Home Ownership Services**

Neighbor Works of Western VT, Jacki White 802-438-2303 Ext 215

## **Lawyers**

Attorney Steven J. Howard 802-779-4447

## **Locksmith & Security**

Countryside Lock & Alarms (Mike Blais) 259-2213

## **Lumber**

Cole Lumber [coelumber@gmail.com](mailto:coelumber@gmail.com) 518-568-3271 259-2736

## **Manufacturing & UPS Outlet**

DECO Manufacture Machine Job Shop 259-2477  
Nutmeg Fabricating Inc. – David Graham -971 Northam Rd. 492-3575

## **Maple Svrup**

Green Mtn. Sugar House 228-7151  
Smith Maple Crest Farm [www.smithmaplecrestfarm.com](http://www.smithmaplecrestfarm.com) 492-2151

## **Marketing & Promotional Services**

Express Copy Inc., Don Reiser 259-2722 362-0501

## **Merchandise Sales & Service**

Black Satin Silversmiths, Daryle Thomas 259-2841  
Dan Turco & Sons YAMAHA-Snowmobile, Motorcycle, ATV 773-8650  
Environmentally Safe Products For Body & Home - Pat LaBella 259-6078  
Fuller Brush & Rawleigh Products – Diana Garrow 259-2314  
Hearth & Cricket Stove Shop – Daryle Thomas 259-2841  
Mary K – Natalie Brown 259-2067  
Sew Easy Interiors Home Décor & Window Treatments 259-2048  
[bethjosselyn@gmail.com](mailto:bethjosselyn@gmail.com) Fax 259-3905

## **Painters**

MRS Unlimited Visions LLC Interior/Exterior Painting –Melissa 259-7829

## **Personal Services**

Angelo's Family Tailoring 259-3564  
Ang's Cleaning Service 259-3598  
Jencot Cleaning Co. 259-2146  
Pet Sitter – Barbara Pallotta 259-2856

## **Real Estate Sales**

Coldwell Banker Watson Realty, [www.cbwatsonrealty.com](http://www.cbwatsonrealty.com) 228-5678  
[Jane\\_Harrington@cbwatson.net](mailto:Jane_Harrington@cbwatson.net) F 802-228-4100 Cell 978-337-3950  
Ellison Properties [homeinvnt@tds.net](mailto:homeinvnt@tds.net) 228-4011  
Carol Pike 259-2313  
Engel & Voelkers, Woodstock & Ludlow Gail Graves 259-3005  
[Gail.graves@engelvoelkers.com](mailto:Gail.graves@engelvoelkers.com) (Mobile) 802-236-5431  
Kelley Real Estate, Don Eatmon, Broker/Owner H 259-2646 228-5333  
Fax 802-228-5343 [www.KelleyRealEstate.com](http://www.KelleyRealEstate.com) [www.OkemoValley.com](http://www.OkemoValley.com)  
Ty Murray H259-3014-Cell 777-8047, Carl Mitchell H259-2107-Cell 384-3202  
Lisa Kelley 259-3112 Cell 802-345-6581

## **Refrigeration**

J.C. McDonald Inc. ~ Commercial Refrigeration  
Air Conditioning Sales & Service [joemc@vermontel.net](mailto:joemc@vermontel.net) 259-3152

## **Septic System Design**

Chase Design & Construction [www.chasevermont.com](http://www.chasevermont.com) 259-2633  
Krueger Engineering – Arthur G. Krueger, P.E. 492-3653

## **Tree Services**

G.M. Tree Tech & Landscaping, Greg McKirryher 259-8733

## **Veterinary Care - Equine Services – Pet Care Needs**

Mt. Holly Feeds, Jim & Millicent Johnson 259-2386

## **Volunteer Services**

Belmont/Mt. Holly Food Co-op, Tanger H 259-2344 W 259-2899  
Black River Good Neighbor Service 228-3663  
Neighborworks Of Western Vermont 438-2303

## **Woodworking, Cabinets & Furniture**

Chesters Custom Woodworking, [ccw@vermontel.net](mailto:ccw@vermontel.net) 259-3232

